

# S.P.O.H.N.C.: A SUPPORT GROUP FOR PEOPLE WITH ORAL HEAD AND NECK CANCER

## WHEN:

3<sup>rd</sup> Tuesday of the Month:  
October through June

TIME: 2:30 PM – 3:45 PM

## MEETING LOCATION:

Cape Cod Hospital  
Behavioral Health Center  
Conference Room  
27 Park Street  
Hyannis Ma 02601

## FACILITATORS:

Judi Pregot, LICSW, OSW-C

Speech Therapist: TBD

## REGISTRATION/QUESTIONS:

Call Judi at 508-862-5302

## S.P.O.H.N.C. SUPPORT GROUP

A support group for **patients** who have been diagnosed with oral head and neck cancer. This group allows members to provide support to one another and share resources and information.

S.P.O.H.N.C. is an educational group that provides a safe space where patients, who are going through treatment or who have completed their treatment, can connect with others who have oral head and neck cancer. The group is facilitated by an Oncology Social Worker (OSW-C) and a Speech and Language Pathologist who provide emotional and practical support for group members.

### The group will:

- Connect you with others who are on the same path
- Provide you with resources and links that focus on oral head and neck cancer
- Include discussion about the diagnosis, treatment and side effects that one might experience
- Increase your feelings of hope and empowerment
- Provide you with practical information about treatment and resources
- Help you to communicate better with your family, friends, and co-workers about your needs.

### To Join or For Additional Information:

Please call Judi Pregot at 508-862-5302.

