



CAPE COD HEALTHCARE
Women's Health



Women's Health

Physician and Services Directory

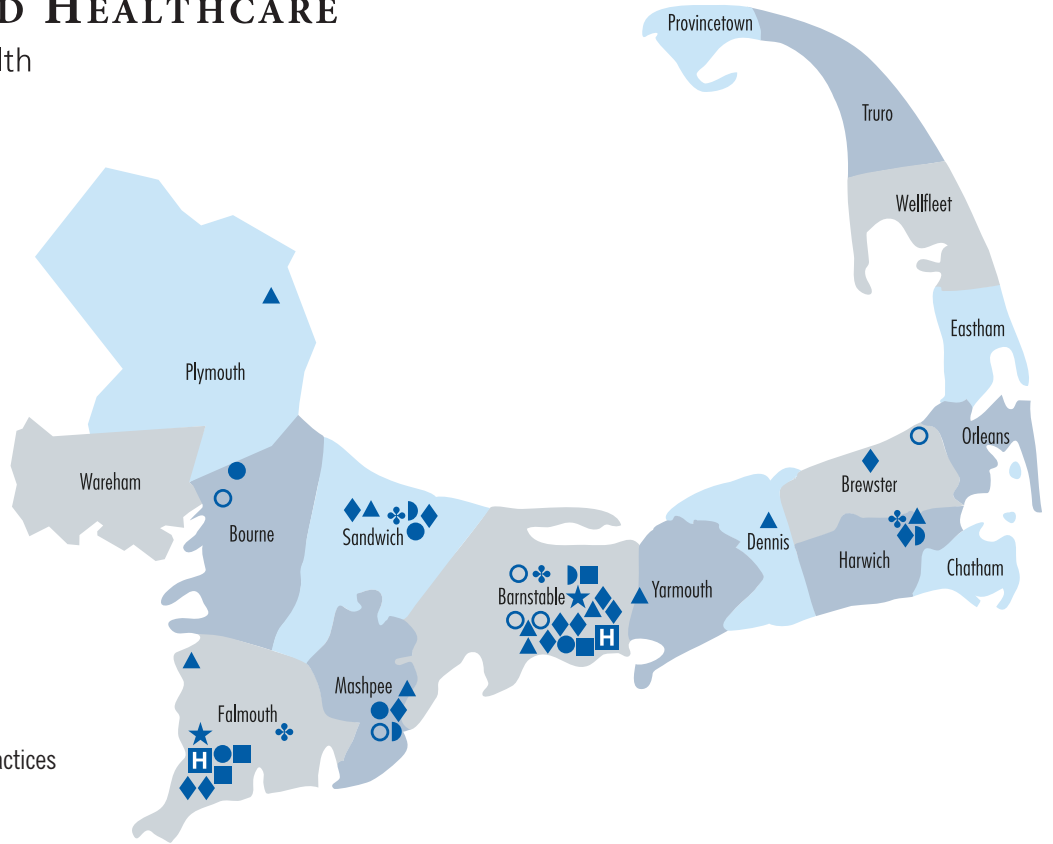


CAPE COD HEALTHCARE

Women's Health

Service Locations

- ★ Women's Health Centers
- H Hospitals
- Obstetrics & Gynecology Practices
- Gynecology Practices
- ◆ Cardiovascular Practices
- Breast Surgery Practices
- ▲ Plastic/Reconstructive Surgery Practices
- Additional Imaging Facilities
- ✿ Urgent Care Centers



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Michael K. Lauf

President and CEO, Cape Cod Healthcare

Cape Cod Healthcare Women's Health – Comprehensive Care, Close to Home

Meeting the healthcare needs of our community means offering high quality care that meets our patients' specific needs. Cape Cod Healthcare Women's Health is a highly focused line of services dedicated to providing comprehensive care for women of all ages. Our teams are equipped with the latest technology and clinical expertise to support a woman's needs that extend beyond Primary Care, including Breast Care, Gynecology, Pregnancy and Birth, Heart Health and Surgical Services – here on Cape Cod.

Cape Cod Healthcare Women's Health aims to deliver specialized care throughout a woman's healthcare journey – whether it is seeking preventive health and wellness, managing a chronic condition or pursuing treatment for a serious illness. Our expert physicians and collaborative care teams are trained and experienced in the latest screening, procedures and treatments. We have invested in leading edge technology, such as 3D mammography and FAST breast MRI, to help our teams provide the best, evidence-based care for our patients.

The Cape Cod Healthcare Women's Health Physician and Services Directory is a comprehensive resource for Women's Health services, practices and providers. This guide is intended to help patients and providers navigate these specialized services for women of all ages, in all stages of their healthcare journey – on Cape Cod and beyond.

Recommended Health Screenings and Immunizations for Women

	Ages 18-39	Ages 40-49	Ages 50-64	Ages 65+
BREAST HEALTH				
Breast Self-Awareness and Clinical Breast Exam	Practice breast self-awareness beginning at 25. Clinical breast exam recommended every 1-3 years from age 25-39.+	Practice breast self-awareness. Clinical breast exam recommended annually starting at 40.+	Practice breast self-awareness. Clinical breast exam recommended annually.+	Practice breast self-awareness. Clinical breast exam recommended annually.+
Mammogram	Ask your doctor if at increased risk.	Annually* for women with average breast cancer risk, with access to supplemental screening for women with dense breasts.	Annually* for women with average breast cancer risk, with access to supplemental screening for women with dense breasts.	Annually* for women with average breast cancer risk until life expectancy is less than 10 years, with access to supplemental screening for women with dense breasts.
Hereditary Cancer Risk Screening	All women over 25 should have a formal risk assessment. Learn more about hereditary risk screening at hcquiz.com/cchealth .	Formal risk assessment recommended. Learn more about hereditary risk screening at hcquiz.com/cchealth .	Formal risk assessment recommended. Learn more about hereditary risk screening at hcquiz.com/cchealth .	Formal risk assessment recommended. Learn more about hereditary risk screening at hcquiz.com/cchealth .

REPRODUCTIVE HEALTH				
Well-Woman Exam/ Pelvic Exam	Annually**	Annually**	Annually**	Every 1-2 years**
Cervical Health Pap & HPV testing (cervical cancer screening)	Starting at age 21, every three years. At age 30 or older, get a Pap test and HPV test together every five years.**	Get a Pap test and HPV test together every five years**	Get a Pap test and HPV test together every five years**	Ask your doctor or nurse**
Sexually Transmitted Disease Screening	If sexually active, every year until age 24. At age 25 and older, get tested if you are at increased risk.**	Get tested if you are at increased risk**	Get tested if you are at increased risk**	Get tested if you are at increased risk**

HEART HEALTH				
Blood Pressure	Annually***	Annually***	Annually***	Annually***
Cholesterol Test	Annually***	Annually with risk calculation #	Annually with risk calculation #	Annually with risk calculation #

+ As recommended by the National Comprehensive Cancer Network (NCCN)
 * As recommended by the American College of Radiology, American Society of Breast Surgeons, and NCCN
 ** As recommended by the American College of Obstetricians and Gynecologists
 *** As recommended by the American College of Cardiology and American Heart Association
 # Utilizing the ACC/AHA 2013 Adult Cardiovascular Risk Calculator

	Ages 18-39	Ages 40-49	Ages 50-64	Ages 65+
DIABETES				
Blood Sugar Test	Annually if at risk due to high blood pressure, high cholesterol, obesity, etc ◊	Annually for patients 40-45 if at risk ◊	Annually ◊	Annually ◊
BONE HEALTH				
Bone Mineral Density Testing		Postmenopausal women younger than 65 with increased risk of osteoporosis should be tested ⁺	Postmenopausal women younger than 65 with increased risk of osteoporosis should be tested ⁺	Have a bone density test ⁺
COLORECTAL HEALTH				
Colorectal Cancer screening options include colonoscopy, sigmoidoscopy and fecal occult blood testing. (The risks and benefits of these screening methods vary.)		Recommendation for African American women is to begin screening at age 45 ⁺⁺	At age 50 begin screening. Ask your doctor or nurse which screening test is best for you and how often you	need it. ⁺⁺⁺ Get screened through age 75. Ask which screening test is best for you and how often you need it. ⁺⁺⁺
SKIN HEALTH				
Clinical Skin Cancer Examination	Every 3 years beginning at age 20 [†]	Annually [†]	Annually [†]	Annually [†]
IMMUNIZATIONS				
Tetanus	Every 10 years	Every 10 years	Every 10 years	Every 10 years
Flu Vaccine	Annually	Annually	Annually	Annually
Shingles Vaccine			Once, at age 50 or older (two doses, 2 to 6 months apart)	Once, at age 50 or older (two doses, 2 to 6 months apart)
Pneumonia Vaccine				Once, at age 65 or older
HPV Vaccine	Three dose series through age 45	Three dose series through age 45		

◊ As recommended by the American Diabetes Association

⁺ As recommended by the US Preventive Services Task Force (USPSTF)

⁺⁺ As recommended by the American College of Obstetricians and Gynecologists

⁺⁺⁺ As recommended by the USPSTF

[†] As recommended by the American Cancer Society



Providing women the most advanced breast care, right here on Cape Cod

Cape Cod Healthcare provides proactive, pioneering breast care close to home, using the latest in technology and diagnostic expertise. At Cuda Women's Health Center in Hyannis and Seifer Women's Health & Imaging Center in Falmouth, we provide the most advanced equipment and tools for breast screening and diagnosis of breast cancer.

Our two modern facilities give women access to high-quality care in a space that is serene, comfortable and private.

- 3D mammography (digital breast tomosynthesis)
- Breast MRI (3T wide-bore offered at Cuda Women's Health Center)
- FAST breast MRI
- Breast biopsy – stereotactic, MRI-guided and ultrasound-guided
- Breast ultrasound
- Hereditary cancer risk screening, genetic testing and counseling
- High-Risk Hereditary Cancer Program
- Breast cancer support groups
- Bone density testing

Proactive breast care leads to earlier diagnosis and better treatment of breast disease. Cape Cod Healthcare provides the tools and expertise you need, right here at home.



CAPE COD HEALTHCARE

Women's Health

Cuda Women's Health Center - Hyannis
Seifer Women's Health & Imaging Center - Falmouth

Cuda Women's Health Center

Wilkins Outpatient Medical Complex
35 Wilkens Lane, Hyannis
capecodhealth.org/cuda
To schedule an exam: 508-957-1700

Seifer Women's Health and Imaging Center

Falmouth Hospital
90 Ter Heun Drive, Falmouth
capecodhealth.org/seifer
To schedule an exam: 1-877-224-2009

3D mammography is also offered at Fontaine Medical Center in Harwich 508-957-1700

Breast Care



Maintaining your breast health requires a specialized approach to care including routine screening, breast cancer prevention education, risk assessment and genetic counseling, diagnosis, and if needed, treatment and care coordination.

Cape Cod Healthcare's Breast Care program partners you with expert physicians and dedicated services to navigate this process, utilizing the latest in technology and diagnostic expertise.

Comprehensive Breast Care and Imaging Services

- 3D screening mammography (digital breast tomosynthesis)
- Diagnostic mammography
- Breast ultrasound
- Breast MRI
- FAST breast MRI
- Ultrasound biopsies
- Stereotactic biopsies
- MRI-guided biopsies
- Hereditary and familial risk assessment
- Genetic counseling and testing
- High-Risk Hereditary Cancer Program
- Breast cancer support groups
- Bone density testing



Jill Oxley, MD, FACS

Director of Breast Care Services CCHC

A Message from Dr. Jill Oxley

As part of a woman's unique health needs that extend beyond primary care, our Breast Care services at Cape Cod Healthcare provide women of Cape Cod and the region access to comprehensive care, close to home.

Our state-of-the-art Women's Health Centers are dedicated to breast imaging and breast patient navigation, featuring the latest technology and diagnostic expertise. Cuda Women's Health Center in Hyannis and Seifer Women's Health and Imaging Center in Falmouth are both accredited by the National Accreditation Program for Breast Centers (NAPBC), a designation from the American College of Surgeons given to breast centers that have voluntarily committed to provide the highest level of quality breast care, including a rigorous evaluation process and performance review. Additionally, both centers have each been designated by the American College of Radiology (ACR) as a "Breast Center of Excellence" for achieving excellence via the ACR's voluntary breast accreditation program, as well as the mandatory Mammography Accreditation Program.

Our patient-centered approach includes routine screening and diagnostic testing, breast MRI, breast cancer education, hereditary cancer risk assessment and genetic testing, and our High-Risk Hereditary Cancer Program. Our Breast Care experts work as a team to educate and care for women, and include radiologists specializing in breast imaging, nurse practitioners, radiology technicians, a genetic counselor, breast patient navigators and support staff. Our Breast Surgery team now includes a surgeon and nurse practitioner at Cuda Women's Health Center that are 100% dedicated to Breast Care. If a woman or man is diagnosed with breast cancer, our Breast Surgery team partners with our medical and radiation oncologists to create a personalized care plan.

By providing access to advanced screening and diagnostic tools like 3D mammograms and MRI exams, and to comprehensive surgical services should intervention be required, our expert Breast Care team can proactively and holistically manage breast health for patients close to home, on Cape Cod.

Nationally Accredited Women's Health Centers

We offer leading edge technology for routine screening and diagnostic testing, along with a dedicated team of expert breast care physicians and staff, at our state-of-the-art Women's Health Centers. Our modern centers provide a serene and comfortable environment for women of all ages, close to home.



Cuda Women's Health Center

Wilkens Outpatient Medical Complex
35 Wilkens Lane | Hyannis
508-957-1700
capecodhealth.org/cuda



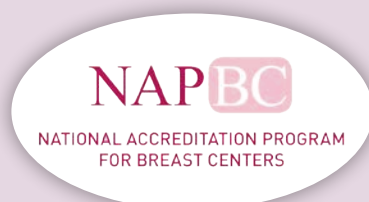
Seifer Women's Health and Imaging Center

Falmouth Hospital Medical Office Building
90 Ter Heun Drive | Falmouth
877-224-2009
capecodhealth.org/seifer

3D screening mammography is also offered at

Fontaine Outpatient Center

525 Long Pond Rd, Harwich
508-957-1700

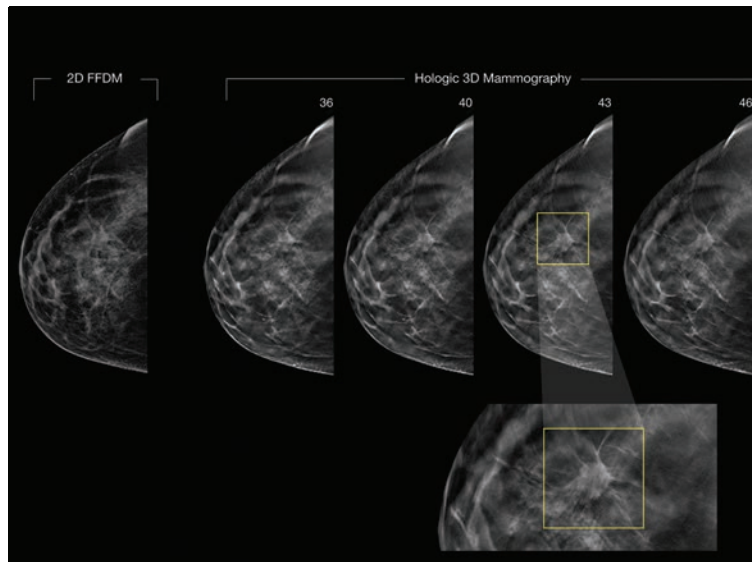


Both centers are accredited by the National Accreditation Program for Breast Centers (NAPBC), having met rigorous standards and review. Cuda Women's Health Center is also a Designated ACR Breast Center of Excellence. Both the mammography and ultrasound departments are accredited by the American College of Radiology.

Next Generation Imaging Technology Available at Cape Cod Healthcare

3D Mammography: The Gold Standard for Screening

An annual screening mammogram is the best way to detect breast cancer in its earliest stages when it can be treated effectively, beginning at age 40 for women of average risk. At Cape Cod Healthcare, we offer the latest digital technology of 3D mammography and a skilled team of breast imaging experts at our Women's Health Centers.



Facts about 3D Mammography

- The detail of 3D mammography is similar to that of a CT scan. Also known as digital breast tomosynthesis, it takes images of each breast from different angles and captures many thin layers of tissue. When images are reconstructed and combined with 2D mammography, they provide a clearer view of breast tissue compared to traditional 2D mammography alone.
- 3D mammography is more accurate. With its enhanced sensitivity, 3D mammography enables radiologists to better pinpoint the size, shape and location of abnormalities, reducing the need for call backs. Mammograms can show changes in the breast years before a patient or physician can feel them.
- 3D mammography detects more breast cancers as compared to 2D mammography alone and has improved the ability to detect invasive cancers.
- 3D mammography technology at Cape Cod Healthcare offers the fastest available scan time of less than four seconds, for better patient comfort.
- Women with dense breast tissue may especially benefit from 3D mammography, because of the clear picture it provides. We offer the Genius 3D Mammography Exam, the only mammogram that is FDA approved as superior for women with dense breasts when compared to 2D mammography alone.
- Radiation from an annual mammogram is a fraction of the average environmental exposure a person receives in a year.
- Cape Cod Healthcare provides the only 3D mammography on the Cape in Hyannis, Falmouth and Harwich.

For more information, please see capecodhealth.org/breast-care.

FAST Breast MRI: A Proactive Option to Supplement Breast Cancer Screening

Cape Cod Healthcare was the first healthcare system in the state to offer the pioneering technology of First post-contrast Acquisition SubTracted (FAST) Breast MRI, an abbreviated and less expensive version of a breast MRI. Like a conventional MRI*, this method uses radiofrequency waves and a strong magnetic field to provide a detailed view of breast tissue, detecting tissue abnormalities, as well as vascular function within the breast which can show blood flow to and from a tumor. It is a self-pay option (cost is \$450) for women who do not meet criteria for a standard breast MRI, due to less than 20% lifetime risk of breast cancer, who would like an additional level of screening.

Benefits of a FAST Breast MRI

- FAST breast MRI can be performed as an extra level of screening in between routine mammograms or as a companion screening to a routine mammogram. It is a good tool to detect small tumors that may not be visible on a mammogram.
- It provides an additional layer of testing for women who are diagnosed as having dense breast tissue.
- FAST MRI can be instrumental in revealing particularly aggressive cancers. It detects tumors that are vascular and can grow quickly in between annual mammograms.
- The testing process takes under five minutes, compared to 40 minutes for a traditional MRI, is radiation-free and painless.
- Results are received within 48 hours. An abnormal FAST breast MRI result will be followed up with a diagnostic conventional MRI.

* Both FAST and conventional breast MRI are conducted utilizing a 3 Tesla MRI scanner (the most powerful FDA-approved scanning available south of Boston) at Cuda Women's Health Center in Hyannis and a 1.5T MRI scanner at Falmouth Hospital.

Schedule a Mammogram or FAST Breast MRI

Online

capecodhealth.org/3D-mammography

capecodhealth.org/fast-mri

By Phone

Cuda Women's Health Center, Hyannis | 508-957-1700

Seifer Women's Health and Imaging Center, Falmouth | 877-224-2009

3D Mammography is also offered at:

Fontaine Outpatient Center | 508-957-1700



“My mother and grandmother died from cancer. After a mammogram, the nurse said I’d be a good candidate for genetic testing. I tested positive for a rare genetic mutation that has similar cancer risks as the BRCA gene. This knowledge empowered me to make the best decisions for my health and my family.”

- Sarah S., Harwich

Cape Cod Healthcare Women’s Health is an entire network dedicated to the specialized care of women. We’re committed to keeping you healthy with the latest in technology and diagnostic expertise, supported by the full resources of Cape Cod Healthcare.

High-Risk Hereditary Cancer Program



CAPE COD HEALTHCARE

Women’s Health

Comprehensive care, close to home.

Take the quiz, know your risk. Access hereditary cancer risk screening at hcquiz.com/cchealth.

High-Risk Hereditary Cancer Program

Our comprehensive breast care services at Cape Cod Healthcare include a specialized program to identify and monitor patients at high-risk for developing breast cancer and other types of cancer.

Patients who meet certain criteria for cancer risk will receive more intensive screening and may be recommended for additional medical management, such as preventive medicine or surgery.

Risk Screening and Genetic Testing

Cape Cod Healthcare offers patients several ways to review family and personal medical history to determine their risk for breast and other cancers:

- Every patient receives a comprehensive hereditary cancer risk assessment at an appointment for a routine screening mammogram or diagnostic testing.
- This assessment can also be completed via our online hereditary cancer risk survey available at www.hcquiz.com/cchealth.
- Our nurse practitioner specializing in genetics is available for a consultation appointment to review familial and hereditary cancer risk, and for further education and counseling about genetic testing.
- A patient with a confirmed genetic mutation for hereditary cancer syndrome or who has tested negative but remains at high familial risk will automatically be enrolled in our High-Risk Hereditary Cancer Program and receive a personalized care plan, including referrals to appropriate physicians for care and follow-up. High-risk management may include additional screening modalities, more frequent follow-up, preventative surgery and/or medication.
- Patients interested in learning more about hereditary risk screening and genetic testing can call Cuda Women's Health Center in Hyannis at 508-957-1700 or Seifer Women's Health and Imaging Center in Falmouth at 877-224-2009.



Cancer Resource Fund

Assistance with the cost of genetic testing is available through the Cancer Resource Foundation.

For more information about these funds, please call:

Cuda Women's Health Center
Hyannis | 508-957-1700

Seifer Women's Health and Imaging Center
Falmouth | 877-224-2009

National Accreditation Program for Breast Centers

Both Cuda Women's Health Center and Seifer Women's Health and Imaging Center are accredited with the National Accreditation Program for Breast Centers (NAPBC). Established by the American College of Surgeons, this is a quality-improvement program for patients with breast disease based on evidence-based standards and education for patients and professionals.

To receive and maintain accreditation, our breast centers must meet rigorous standards and review. Our dedicated committees work diligently to ensure consistent compliance with these standards under the physician leadership of Dr. Peter Hopewood (Falmouth Hospital) and Dr. Jill Oxley (Cape Cod Hospital).

NAPBC-accredited breast centers are voluntarily committed to providing the best possible care to patients with breast disease, which includes:

- Comprehensive care with a complete range of state-of-the-art services and equipment
- A team-approach to breast cancer in order to provide the best available treatment options
- Information about ongoing cancer clinical trials and treatment options
- Access to prevention and early detection programs, cancer education, and support services
- Ongoing monitoring and improvements in cancer care



Peter Hopewood, MD, FACS

General Surgery

Cape Cod Surgeons
210 Jones Road
Falmouth, MA 02540
508-540-9771

- *Medical School:* University of Vermont College of Medicine, Burlington, VT
- *Residency:* New England Deaconess Hospital, Boston, MA (General Surgery)
- *Certifications:* American Board of Surgery



Jill Oxley, MD, FACS

Breast Surgery

Cuda Breast Care Center at CCHC
Wilkins Outpatient Medical Complex
35 Wilkins Lane
Hyannis, MA 02601
508-957-1720

- *Medical School:* Yale University School of Medicine, New Haven, CT
- *Residency:* Boston Medical Center, Boston, MA (General Surgery)
- *Certification:* American Board of Surgery

Cape Cod Women's Cancer Prevention and Early Detection Fund

This special fund assists with covering the cost of screening, and additional imaging if necessary, which are not covered by health insurance, including 3D mammography, FAST breast MRI and genetic testing. For information, call Cuda Women's Health Center in Hyannis at 508-957-1700 or Seifer Women's Health and Imaging Center in Falmouth at 877-224-2009.

Physicians – Breast Care/Imaging

For additional information including clinical interests, see capecodhealth.org/physicians.

As part of our full team of radiologists, we have a unique team of physicians, including two fellowship-trained radiologist-breast specialists, skilled in all aspects of breast imaging and related procedures at our Women's Health Centers:



Lara Bryan-Rest, MD

Radiology

Special Focus: Breast Imaging

Bay Radiology Associates
Falmouth Hospital
100 Ter Heun Drive
Falmouth, MA 02540

- *Medical School:* University of Pittsburgh School of Medicine, Pittsburgh, PA
- *Residency:* Yale-New Haven Hospital, New Haven, CT (Diagnostic Radiology)
- *Fellowship:* Yale-New Haven Hospital, New Haven, CT (Breast Imaging, Vascular and Interventional Radiology)
- *Certification:* American Board of Diagnostic Radiology



Anne Morris, MD

Radiology

Special Focus: Breast Imaging

Cape Cod Hospital Radiology
Wilkins Outpatient Medical Complex
35 Wilkens Lane
Hyannis, MA 02601
508-957-1700

Cape Cod Hospital Radiology
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601

- *Medical School:* New York Medical College, Valhalla, NY
- *Residency:* Lahey Clinic, Burlington, MA (Diagnostic Radiology)
- *Fellowship:* Lahey Clinic, Burlington, MA (Breast Imaging)
- *Certification:* American Board of Diagnostic Radiology

Maria Gualtieri, MD

Radiology

Bay Radiology Associates
Falmouth Hospital
100 Ter Heun Drive
Falmouth, MA 02540

- *Medical School:* Boston University School of Medicine, Boston, MA
- *Residency:* Lahey Clinic, Burlington, MA (Diagnostic Radiology)
- *Fellowship:* Massachusetts General Hospital, Boston, MA (Imaging)
- *Certification:* American Board of Diagnostic Radiology



Hope Peters, MD

Radiology

Special Focus: Breast Imaging

Cape Cod Hospital Radiology
Wilkins Outpatient Medical
Complex
35 Wilkens Lane
Hyannis, MA 02601

Cape Cod Hospital Radiology
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601

- *Medical School:* The Ohio State University College of Medicine, Columbus, OH
- *Residency:* Brigham and Women's Hospital, Harvard Medical School, Boston, MA (Radiology)
- *Certification:* American Board of Diagnostic Radiology

Additionally, a team of nurse practitioners provide patient care at Cuda Women's Health Center in Hyannis comprised of Elizabeth Leach, NP; Katy McElroy, NP; Nancy O'Connor, NP; and Pat Ryan-Blanchard, NP.

Advanced Care for Breast Cancer

Should a diagnosis confirm the presence of breast cancer, our team of exceptional cancer experts, including radiologists, breast surgeons, oncologists, radiation oncologists and breast patient navigators, work as a team to provide expert, personalized care. Patients also have access to nutrition, genetic counseling, rehabilitation and other support services.



Please see the Women's Surgical Services section of this directory for information on physicians who perform breast surgery.

Certified Breast Patient Navigators

At Cuda Women's Health Center in Hyannis and Seifer Women's Health and Imaging Center in Falmouth, we have a dedicated team of clinical advocates who help patients through the process of diagnostic testing, results and future appointments. Our Certified Breast Patient Navigators provide a level of personal guidance for our patients and help ensure a smooth experience through additional testing through treatment.

Breast Patient Navigator Team:

- Christine Fitzgerald, RT (R) (M), CN-BI
Seifer Women's Health and Imaging Center, Falmouth, 508-457-3669
- Heather Moe, RT (R)(M), CNBI
Cuda Women's Health and Imaging Center, Hyannis, 508-957-1613
- Kathy Murray, RN, CN-BN
Seifer Women's Health and Imaging Center, Falmouth, 508-457-3780

Gynecology



Gynecology is a medical specialty dedicated to the health of the female reproductive system and breasts. Cape Cod Healthcare offers highly integrated gynecologic care to meet the unique needs of a woman in every stage of her life, from adolescence through reproductive years, menopause and beyond. Whether routine or highly complex care, our skilled, compassionate gynecologic providers, including board-certified obstetricians and gynecologists (OB/GYNs), nurse practitioners and certified nurse-midwives, offer the latest advances for screening, diagnostic, procedural and counseling services at convenient locations across Cape Cod. Our GYN teams work closely with other specialists including urologists, cardiologists, surgeons, infertility specialists, gastroenterologists, pelvic floor physical therapists, interventional radiologists and others to complete a patient's care.



“I’ve been taking care of my own health since I was 18. A lot of that time with Dr. DeMeo, who delivered both of my children. He really knows me beyond my medical history and it’s comforting to see him every year for my annual exams. Our plan is for me to be well and to stay well.”

- Ashley C., Mashpee

Cape Cod Healthcare Women’s Health is an entire network dedicated to the specialized care of women. We’re committed to keeping you healthy with the latest in technology and diagnostic expertise, supported by the full resources of Cape Cod Healthcare.

The Annual Well-Woman Exam



CAPE COD HEALTHCARE

Women’s Health

Comprehensive care, close to home.

Find a gynecologist at [capecodhealth.org/physicians](https://www.capecodhealth.org/physicians).

Gynecologic Services and Treatments

Cape Cod Healthcare offers comprehensive, specialized care for a wide range of gynecologic conditions, screenings and treatments, including:

Well-Woman Care

- Well-Woman exam
- Pelvic exam
- Screening Pap & HPV testing
- Breast exam
- Wellness counseling

Contraception

- Full range of contraceptive care including hormonal and non-hormonal options

Diagnosis and Treatment

- Endometriosis
- Fibroids
- Pelvic pain
- Abnormal uterine bleeding
- Ovarian cysts
- Pelvic infections including STIs (sexually transmitted infections)
- Infertility
- Incontinence/overactive bladder
- Pelvic relaxation/prolapse

Menopausal Care

- Postmenopausal bleeding
- Hot flashes
- Vaginal dryness

Please contact practices directly for specific services and treatments offered and insurances accepted. For more information, please see capecodhealth.org/gynecology.



Basic and Advanced Gynecologic Procedures

Cape Cod Healthcare offers women access to the high level of innovative, skilled surgical care and procedures you would expect from a major urban medical center, close to home. Most basic procedures are performed in the office setting, and advanced procedures are performed in an outpatient or inpatient setting. Our integrated team of board-certified OB/GYNs, anesthesiologists and nurses are equipped with the latest technology and perform a full range of reproductive system surgery and procedures, ranging from in-office treatments to minimally-invasive, robotically-assisted and conventional surgery.

Office-based Procedures

- Colposcopy, a magnified exam of cervical, vaginal or vulvar tissue which may include biopsies
- Cryosurgery, surgery using local application of intense cold to destroy abnormal tissue
- diVa laser vaginal therapy for atrophic vaginitis and urinary incontinence
- Endometrial ablation for heavy menstrual bleeding (performed in-office and in outpatient setting)
- Endometrial biopsy
- Endoscopy®, in-office diagnostic hysteroscopy (uterine scope)
- Intrauterine device (IUD) insertion and removal
- Implantable contraception
- Loop electrosurgical excision procedure (LEEP) for abnormal cervical cell growth

- Pessary fittings for pelvic organ prolapse
- ThermiVa® radiofrequency therapy for bladder control and sexual dysfunction

Outpatient/Inpatient-based Procedures

- Dilation and curettage (D&C) to remove tissue from the inner lining of the uterus
- Endometrial ablation for heavy menstrual bleeding (performed in-office and in outpatient setting)
- Hysterectomy (laparoscopic, robotically-assisted, abdominal and vaginal)
- Hysteroscopy, an examination of the inside of the uterus
- InterStim™ therapy for overactive bladder
- Oophorectomy, removal of the ovaries
- Ovarian cyst removal
- Pelvic organ prolapse surgery (cystocele, rectocele, uterine prolapse)
- Uro-gynecologic surgery
- Tubal sterilization/fallopian tube removal

Did You Know?

Cape Cod Health News is the Cape's go-to source for timely, informative and credible health articles, providing a spectrum of information from wellness and preventive medicine to the latest services and technology.

Sign up to receive a weekly email of the latest news at:
capecodhealth.org/cape-cod-health-news

Advanced Specialty Care Coordinated with:

- Gynecologic oncologists
- Uro-gynecologists

Osteopathic Manipulative Treatment (OMT)

is offered by Lindsay LaCorte, DO, MPH, FACOOG and Joshua Lupton, DO at Cape Cod Hospital OB/GYN.

Please contact practices directly for specific procedures and surgical services offered and insurances accepted.

State-of-the-Art GYN Imaging Services, Close to Home

Cape Cod Hospital

27 Park Street
Hyannis, MA 02601
508-771-1800
capecodhealth.org/cape-cod-hospital
(*Pelvic ultrasound*)

Cuda Women's Health Center

Wilkins Outpatient Medical Complex
35 Wilkens Lane
Hyannis, MA 02601
508-957-1700
capecodhealth.org/cuda
(*Screening and diagnostic breast imaging; bone density testing*)

Falmouth Hospital Imaging at Community Health Center of Cape Cod

107 Commercial Street
Mashpee, MA 02649
508-539-6020
capecodhealth.org/imaging-chc
(*Pelvic ultrasound*)

Fontaine Outpatient Center

525 Long Pond Drive
Harwich, MA 02645
508-432-4100
capecodhealth.org/fontaine
(*Screening mammography; bone density testing;
pelvic ultrasound*)

Seifer Women's Health and Imaging Center

Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
877-224-2009
capecodhealth.org/seifer
(*Screening and diagnostic breast imaging; bone density testing; pelvic ultrasound*)

Stoneman Outpatient Center

2 Jan Sebastian Drive
Sandwich, MA 02563
508-833-8247
capecodhealth.org/stoneman
(*Pelvic ultrasound*)

Wilkins Outpatient Medical Complex

35 Wilkens Lane
Hyannis, MA 02601
508-957-1600
capecodhealth.org/wilkins
(*Pelvic ultrasound*)

Yeast Infections Infections Fever
Sore Throats Fractures
Colds
Rashes Coughs Sinus Infections
Strains
Migraines Pregnancy Tests
Urinary Minor Burns Sprains STDs
Tract Infections Respiratory Issues Lacerations
Falls Earaches Stitches



CAPE COD HEALTHCARE

Urgent Care

Board-certified emergency room physicians.
Extended hours. Superior care.

capecodhealth.org/urgent-care

Falmouth

Harwich

Hyannis

Sandwich



Well-Woman Exam

It is important that women understand their bodies, how to perpetuate good health and how to identify the risks that lead to diminished health and well-being. Many areas of a woman's health are reviewed at this recommended yearly check-up, including:

- Screening for cancer of the breast, cervix (Pap smear, HPV) and other gynecological cancers
- A pelvic exam to check for abnormalities of the reproductive organs
- A breast exam
- Additional screening recommendations such as bone density testing and colonoscopy depending on a patient's age
- Birth control counseling if applicable
- Prevention of sexually transmitted infections and testing if needed
- Discussion about menopause if applicable
- Wellness counseling

Please contact practice directly for information on insurance coverage for this annual exam.

Adolescent Gynecology

The transition from pediatric to gynecologic care may begin with an educational appointment for teens or young adults to meet with a gynecologic provider and learn more about this important part of a woman's health, laying a foundation for future well-being. Topics covered may include:

- Menstrual issues
- Contraception counseling
- Sexual health
- Importance of routine GYN screenings
- Wellness counseling

We encourage young women to partner with their pediatrician or primary care provider for a referral to one of our gynecologic providers.

Practices – Gynecology

Upper-Cape: Falmouth

Cape Obstetrics & Gynecology

Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088
capecodhealth.org/cape-obgyn-falmouth

Providers: Nisha David, MD; Paul DeMeo, MD;
Elizabeth Murray, MD; Holly Zheng, MD;
Nancy Graham, NP, RNC, IBCLC; Valerie Walbek,
NP, BSN, MSN

Upper-Cape: Bourne

Cape Obstetrics & Gynecology

1 Trowbridge Place
Bourne, MA 02532
508-457-0088
capecodhealth.org/cape-obgyn-bourne

Physician: Nisha David, MD; Paul DeMeo, MD;
Nancy Graham, NP, RNC, IBCLC

Community Health Center of Cape Cod

123 Waterhouse Road
Bourne, MA 02532
508-477-7090
chcofcapecod.org

Physician: Sibel Bessim, MD

Upper-Cape: Sandwich

Cape Obstetrics & Gynecology

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088
capecodhealth.org/cape-obgyn-sandwich

Physicians: Nisha David, MD; Elizabeth Murray,
MD; Nancy Graham, NP, RNC, IBCLC

Upper-Cape: Mashpee

Community Health Center of Cape Cod

107 Commercial Street
Mashpee, MA 02649
508-681-5081
chcofcapecod.org

Physicians: Sibel Bessim, MD;
Maryanne Bombaugh, MD

Falmouth Women's Health

133 Falmouth Road, Building 2, Suite A
Mashpee, MA 02649
508-681-5081
falmouthwomenshealth.com

Physicians: Richard Heywood, III, DO, FACOG;
Elizabeth Speed, MD

Mid-Cape: Hyannis

All Cape Gynecology

1330 Phinney's Lane
Hyannis, MA 02601
508-775-0003
allcapegynecology.com

Physician: Lucia Cagnes, MD

Cape Cod Hospital OB/GYN

40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050
capecodhealth.org/cch-obgyn-quinlan

Providers: William Agel, MD; Richard Angelo, MD;
Tara Chute, MD; Catherine Thompson, WHNP-BC;
Jodi Belson, CNM; Corey Signs, CNM; Jean
MacBarron, CNM

60A Park St
Hyannis, MA 02601
774-552-6050
capecodhealth.org/cch-obgyn-park

Physicians: Lindsay LaCorte, DO, MPH, FACOOG;
Joshua Lupton, DO

Joseph Conway, MD, FACOG

6 Main Street
Hyannis, MA 02601
508-771-7284

Women's Health Associates of Cape Cod

46 North St, Suite 1A
Hyannis, MA 02601
508-771-7100
whacapecod.com

Physician: GERALYN LEONE, MD

Lower Cape: Brewster**Cape Gynecology**

19 Bay State Court
Brewster, MA 02631
508-255-2325
capegynecology.com

Physicians: Barbara Gleason, DO; Keith McAteer, MD

Physicians – Gynecology

For additional information including clinical interests, see capecodhealth.org/physicians.

**William Agel, MD**

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite
150 Hyannis, MA 02601
774-552-6050

- *Medical School:* New Jersey Medical School, Newark, NJ
- *Residency:* Tufts University School of Medicine, Boston, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology

**Richard Angelo, MD**

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050

- *Medical School:* Rutgers Medical School, Newark, NJ
- *Residency:* Tufts-New England Medical Center, Boston, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology

**Sibel Bessim, MD**

Obstetrics and Gynecology
Special Focus: Gynecology

Community Health Center of
Cape Cod
107 Commercial Street
Mashpee, MA 02649
508-477-7090

Community Health Center of
Cape Cod
123 Waterhouse Road
Bourne, MA 02532
508-477-7090

- *Medical School:* Mt. Sinai School of Medicine, New York, NY
- *Residency:* Mt. Sinai Medical Center, New York, NY (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology

Maryanne Bombaugh, MD

Obstetrics and Gynecology
Special Focus: Gynecology

Community Health Center of Cape Cod
107 Commercial Street
Mashpee, MA 02649
508-477-7090

- *Medical School:* University of Texas Health Science Center, San Antonio, TX
- *Residency:* Walter Reed Army Medical Center, Washington, DC (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Lucia Cagnes, MD

Obstetrics and Gynecology
Special Focus: Gynecology

All Cape Gynecology
1330 Phinney's Lane
Hyannis, MA 02601
508-775-0003

- *Medical School:* University of Palermo School of Medicine and Surgery, Italy
- *Residencies:* University Hospital of Palermo, Italy (Obstetrics and Gynecology)
Rochester General Hospital, Rochester, NY (Obstetrics and Gynecology)
Bethesda Hospital, Cincinnati, OH (Family Practice)
- *Certification:* American Board of Obstetrics and Gynecology



Tara Chute, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* University of Massachusetts Memorial Hospital, Worcester, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Joseph Conway, MD, FACOG

Obstetrics and Gynecology
Special Focus: Gynecology

6 Main Street
Hyannis, MA 02601
508-771-7284

- *Medical School:* Tufts University School of Medicine, Boston, MA
- *Residencies:* Baylor Affiliated Hospitals, Houston, TX (Obstetrics and Gynecology)
Brigham and Women's Hospital, Boston, MA (Obstetrics and Gynecology)
Harvard Medical School, Boston, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Nisha David, MD

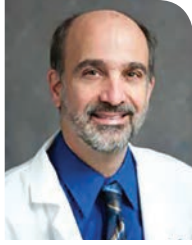
Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088

- *Medical School:* University of Rochester School of Medicine and Dentistry, Rochester, NY
- *Residency:* William Beaumont Hospital, Royal Oak, MI (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology

**Paul DeMeo, MD***Obstetrics and Gynecology*

Cape Obstetrics & Gynecology
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088

- *Medical School:* University of Vermont College of Medicine, Burlington, VT
- *Residency:* St. Francis Hospital and Medical Center, Hartford, CT (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology

**Barbara Gleason, DO***Obstetrics and Gynecology*
Special Focus: Gynecology

Cape Gynecology
19 Bay State Court
Brewster, MA 02631
508-255-2325

- *Medical School:* University of Medicine and Dentistry of New Jersey, School of Osteopathic Medicine, Stratford, NJ
- *Residency:* University of Medicine and Dentistry of New Jersey, School of Osteopathic Medicine, Stratford, NJ (Obstetrics and Gynecology)
- *Certification:* American Board of Osteopathic Obstetricians and Gynecologists

**Richard Heywood, III, DO,
FACOG***Obstetrics and Gynecology*

Falmouth Women's Health
133 Falmouth Road
Building 2, Suite A
Mashpee, MA 02649
508-681-5081

- *Medical School:* University of New England College of Osteopathic Medicine, Biddeford, ME
- *Residency:* Naval Medical Center, Portsmouth, VA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology

**Lindsay LaCorte, DO, MPH,
FACOOG***Obstetrics and Gynecology*

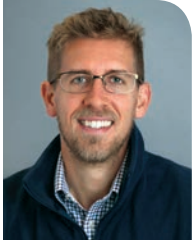
Cape Cod Hospital OB/GYN
60A Park Street
Hyannis, MA 02601
774-552-6050

- *Medical School:* Nova Southeastern College of Osteopathic Medicine, Fort Lauderdale, FL
- *Residency:* Good Samaritan Hospital Medical Center, West Islip, NY (Obstetrics and Gynecology)
- *Certification:* American Osteopathic Board of Obstetrics and Gynecology

**GERALYN LEONE, MD***Obstetrics and Gynecology*
Special Focus: Gynecology

Women's Health Associates
of Cape Cod
46 North Street, Suite 1A
Hyannis, MA 02601
508-771-7100

- *Medical School:* Boston University School of Medicine, Boston, MA
- *Residency:* University of Miami, Jackson Memorial Hospital, Miami, FL
- *Certification:* American Board of Obstetrics and Gynecology

**Joshua Lupton, DO***Obstetrics and Gynecology*

Cape Cod Hospital OB/GYN
60A Park Street
Hyannis, MA 02601
774-552-6050

- *Medical School:* University of New England College of Osteopathic Medicine, Biddeford, ME
- *Residency:* Henry Ford Wyandotte Hospital, Wyandotte, MI (Obstetrics and Gynecology)

**Keith McAteer, MD***Obstetrics and Gynecology*
Special Focus: Gynecology

Cape Gynecology
19 Bay State Court
Brewster, MA 02631
508-255-2325

- *Medical School:* University of Texas Southwestern Medical School, Dallas, TX
- *Residency:* Tufts-New England Medical Center, Boston, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology

**Elizabeth Murray, MD***Obstetrics and Gynecology*

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Falmouth, MA 02540
508-457-0088

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088

- *Medical School:* Georgetown University School of Medicine, Washington, DC
- *Residency:* Duke University Medical Center, Durham, NC (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology

**Elizabeth Speed, MD***Obstetrics and Gynecology*

Falmouth Women's Health
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Building 2, Suite A
Mashpee, MA 02649
508-681-5081

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* Albert Einstein College of Medicine at Montefiore, Bronx, NY (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology

**Holly Zheng, MD***Obstetrics and Gynecology*

Cape Obstetrics & Gynecology
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

- *Medical School:* The Pennsylvania State University College of Medicine, Hershey, PA
- *Residency:* Temple University Hospital, Philadelphia, PA (Obstetrics and Gynecology)

Did You Know?

Women with dense breast tissue may especially benefit from 3D mammography, because of the clear picture it provides. We offer the Genius 3D Mammography Exam, the only mammogram that is FDA-approved as superior for women with dense breasts when compared to 2D mammography alone.

Pregnancy and Birth



Having a baby is one of life's most memorable experiences. Our maternity specialists from The Family Birthplace at Cape Cod Hospital welcome the opportunity to provide expectant mothers and their babies with expert, personalized care throughout pregnancy, birth and beyond. Our skilled care teams of board-certified obstetrician/gynecologists (OB/GYNs), certified nurse-midwives, nurse practitioners, childbirth and parenting educators, board-certified lactation consultants, nurses and support staff partner with families every step of this special journey to ensure a safe and rewarding birth experience.



Prenatal Care

Prenatal care is an important part of keeping you and your baby healthy during your pregnancy. You will partner with specialized medical providers, who will monitor your health and the development of your baby through regular check-ups and routine testing:

Obstetrician/Gynecologists (OB/GYNs)

Board-certified physicians who specialize in pregnancy, childbirth and post-delivery care in addition to reproductive health

Midwives

Our certified nurse-midwives (CNMs) provide a nurturing and educational approach, working closely with obstetricians should additional medical intervention become necessary.

- In-office midwifery is offered at Cape Cod Hospital OB/GYN with select CNMs who provide women-centered care throughout pregnancy, labor, birth and beyond.
- Hospitalist midwifery is available at The Family Birthplace at Cape Cod Hospital.

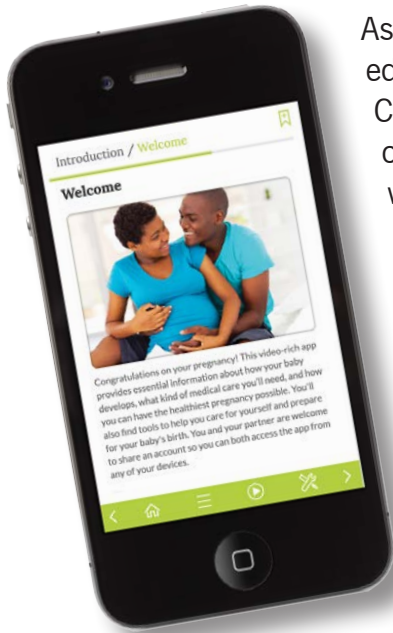
Some women may opt to partner with an OB/GYN for prenatal care and with a midwife during their maternity stay for labor and birth support.

Nurse Practitioners

Our nurse practitioners are part of your prenatal care team, providing in-office obstetrical care.

The Family Birthplace App

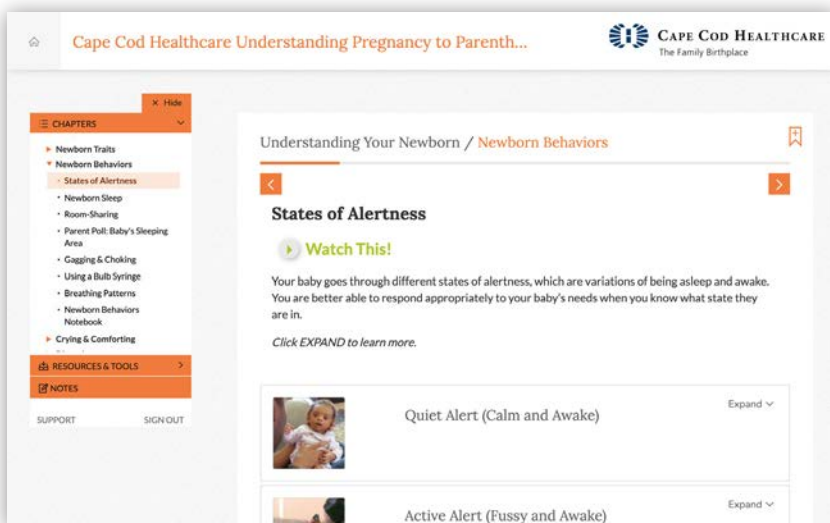
Pregnancy to parenthood, comprehensive learning for every stage!



As part of our childbirth and parenting education, The Family Birthplace at Cape Cod Hospital is pleased to offer a free and convenient web app with essential tools and information, on the go! Because it's regularly reviewed by experts, this supplement to our education classes is full of evidence-based information you can trust, accessible by smart phone, tablet or computer, whenever and wherever you need it.

Childbirth and parenting tips, tools and info...all at your fingertips!

- Dedicated modules about pregnancy, birth, breastfeeding, mother & baby care and your baby's first year through videos, colorful text and photos, 3D animation and more
- Parent's toolbox (with helpful aids like a feeding/diaper log), optional weekly emails, checklists, resource PDFs
- Services and information about The Family Birthplace at Cape Cod Hospital
- Extended learning that can be easily shared with your partner and support people
- English, Portuguese and Spanish versions available



3 Easy Ways to Access the App

Creating your account from your phone, tablet or computer is easy – all you need is internet access.

STEP 1

Choose ONE of the following 3 options to access the app:

- **Text BABY to 99000 from your phone**
Then, tap the link in the return text.
(Once opened, bookmark the site for quick return access)

OR

- **Download the quick launcher from the Apple App Store or Google Play from your mobile device. Search for "InJoy Health".** *(This puts an icon on your home screen that you can use in the future.)*

OR

- **Go to InJoyOnline.com** *(Bookmark the site for quick return access.)*

STEP 2

Create your account where prompted

(If you already have an account, simply log in.)

STEP 3

Enter your Cape Cod Healthcare redemption code

For English, use: **cchcbaby**

For Portuguese or Spanish, use: **cchcbabymulti**

You only need to enter this code the first time you access the app. Web apps do not use storage space and updates happen automatically.





The Family Birthplace

The Family Birthplace at Cape Cod Hospital has been bringing new life into the world for generations. We're proud to provide the highest level of care possible for parents and their babies, close to home, and work hard to ensure a safe and rewarding birth experience. Our obstetricians, midwives and nurses will partner with you to accommodate and support the style of delivery you choose, with different options available for labor and birth, anesthesia, breastfeeding and more.

When you choose The Family Birthplace at Cape Cod Hospital, you have a full support team here for you:

- Partnerships with Tufts Floating Children's Hospital and other Boston hospitals for specialized high-risk pregnancy care and neonatal intensive care when needed.
- A wide offering of childbirth education and infant care classes.
- The Family Birthplace App, with essential tools and information for pregnancy through baby's first year, whenever you need them.
- A dedicated team of pediatric hospitalists available 24/7 should your baby need medical care, including pediatric hospitalists affiliated with Tufts Floating Children's Hospital.
- Breastfeeding support during your maternity stay and after.
- Postpartum screening and access to a licensed social worker on staff.
- For expectant mothers seeking substance abuse disorder support during pregnancy, Cape Cod Healthcare is committed to providing specialized and safe care for mothers needing addiction support and for infants affected by Neonatal Abstinence Syndrome.



Family-Centered Birth Care

Family-centered care is provided in spacious and private labor, delivery, recovery and postpartum (LDRP) suites designed with comfort and safety in mind. Our welcoming birth suites include:

- Private bathroom with shower
- Recliner and rocking chair
- In-room sleeping area for your partner
- Cable TV
- Security measures, including a locked maternity unit and baby tagging alert system to ensure your baby's safety

You and your baby room together throughout your stay, and your partner is also encouraged to stay and join in learning how to care for your new baby. Advantages of family-centered care include:

- An environment that supports parent-baby bonding
- Hands-on educational opportunities caring for your new baby
- Earlier establishment of feeding and sleeping routines
- Greater opportunity for breastfeeding success
- Close, consistent communication with nurses dedicated to you and your baby

Obstetrical Coverage

At The Family Birthplace, 24/7 obstetrical coverage for our patients is shared with Cape Cod Healthcare's outstanding team of obstetricians and midwives.

Pregnancy, Birth & Parenting Classes

The Family Birthplace at Cape Cod Hospital and offers a wide range of classes, events and support groups that will help you, your birth partner and even siblings-to-be prepare for childbirth and the care of your new baby. A Portuguese class is also available.

Topics include:

- Third trimester pregnancy changes
- Nutrition
- A tour of The Family Birthplace
- The birth process
- Breathing and relaxation techniques
- Labor and delivery, including options available
- Postpartum care and going home
- Breastfeeding
- Newborn care, including feeding, bathing, diapering and more
- Infant-child CPR
- Social support for new mothers and fathers

For more information and to register online, see www.capecodhealth.org/classes-events or call our Access Line at 877-CAPECOD.



Breastfeeding Support

An important part of The Family Birthplace care team are our dedicated board-certified lactation consultants. These specialized nurses provide both inpatient and outpatient lactation support, as well as facilitate a breastfeeding support group and education at Cape Cod Hospital. Because breastfeeding is known to provide many health benefits for both babies and their mothers, the team from The Family Birthplace at Cape Cod Hospital is committed to supporting women who choose to breastfeed.

For more information, please contact:

The Family Birthplace at Cape Cod Hospital – lactation: 508-862-7266



Midwives – The “Specialists of Normal” at The Family Birthplace

Women who choose The Family Birthplace at Cape Cod Hospital have the option of midwifery care. Many women appreciate its family-centered approach, dedication to education and promotion of normal pregnancy, labor and birth, with medical intervention only when necessary.

Our certified nurse-midwives collaborate closely with obstetricians to fulfill our commitment to quality care for all mothers and babies. Your care team may include one or more medical specialists, CNMs and nurses – all dedicated to providing compassionate, skilled care while listening to a woman’s wishes for her birth experience.

CNMs can provide continuous, supportive care to meet a woman’s unique needs, throughout pregnancy as well as routine care. Midwifery care is available in the office at Cape Cod Hospital OB/GYN and in the hospital at The Family Birthplace of Cape Cod Hospital. Maternity midwifery care includes:

- Prenatal care, nutrition, labor coaching and delivery
- Post-partum care
- Lactation education and support

Practices – OB/GYN

Cape Cod Hospital OB/GYN

40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050
capecodhealth.org/cch-obgyn-quinlan

Providers: William Agel, MD; Richard Angelo, MD; Tara Chute, MD; Catherine Thompson, WHNP-BC (office care); Jodi Belson, CNM; Jean MacBarron, CNM, MPH; Corey Signs, CNM

60A Park St
Hyannis, MA 02601
774-552-6050
capecodhealth.org/cch-obgyn-park

Physicians: Lindsay LaCorte, DO, MPH, FACOOG; Joshua Lupton, DO

Falmouth Women's Health

133 Falmouth Road, Building 2, Suite A
Mashpee, MA 02649
508-681-5081
falmouthwomenshealth.com

Physicians: Richard Heywood, III, DO, FACOG; Elizabeth Speed, MD

Cape Obstetrics & Gynecology

Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088
capecodhealth.org/cape-obgyn-falmouth

Providers: Nisha David, MD; Paul DeMeo, MD; Elizabeth Murray, MD; Holly Zheng, MD; Nancy Graham, NP, RNC, IBCLC; Valerie Walbek, NP, BSN, MSN

1 Trowbridge Place
Bourne, MA 02532
508-457-0088
capecodhealth.org/cape-obgyn-bourne

Physician: Nisha David, MD; Paul DeMeo, MD; Nancy Graham, NP, RNC, IBCLC

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088
capecodhealth.org/cape-obgyn-sandwich

Providers: Nisha David, MD; Elizabeth Murray, MD; Nancy Graham, NP, RNC, IBCLC

Home Visit for Mom and Baby

The Visiting Nurse Association of Cape Cod has a special Maternal Health division dedicated to supporting parents and newborns recently discharged from Cape Cod Hospital. These specially trained nurses offer a home visit where they can answer any questions, offer infant feeding support, and perform a check of both mom and baby's health (including vital signs and weight checks). For more information call 508-957-7627.

Physicians – OB/GYN

For additional information including clinical interests, see capecodhealth.org/physicians.



William Agel, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050

- *Medical School:* New Jersey Medical School, Newark, NJ
- *Residency:* Tufts University School of Medicine, Boston, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Richard Angelo, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050

- *Medical School:* Rutgers Medical School, Newark, NJ
- *Residency:* Tufts-New England Medical Center, Boston, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Tara Chute, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
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774-552-6050

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* University of Massachusetts Memorial Hospital, Worcester, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Nisha David, MD

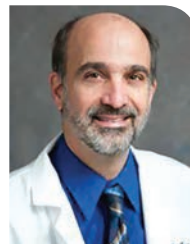
Obstetrics and Gynecology

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Bourne, MA 02532
508-457-0088

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088

- *Medical School:* University of Rochester School of Medicine and Dentistry, Rochester, NY
- *Residency:* William Beaumont Hospital, Royal Oak, MI (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Paul DeMeo, MD

Obstetrics and Gynecology

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Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088

- *Medical School:* University of Vermont College of Medicine, Burlington, VT
- *Residency:* St. Francis Hospital and Medical Center, Hartford, CT (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



**Richard Heywood, III, DO,
FACOG**

Obstetrics and Gynecology
Falmouth Women's Health
133 Falmouth Road
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Mashpee, MA 02649
508-681-5081

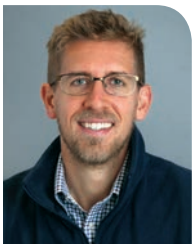
- *Medical School:* University of New England College of Osteopathic Medicine, Biddeford, ME
- *Residency:* Naval Medical Center, Portsmouth, VA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



**Lindsay LaCorte, DO, MPH,
FACOOG**

Obstetrics and Gynecology
Cape Cod Hospital OB/GYN
60A Park Street
Hyannis, MA 02601
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- *Medical School:* Nova Southeastern College of Osteopathic Medicine, Fort Lauderdale, FL
- *Residency:* Good Samaritan Hospital Medical Center, West Islip, NY (Obstetrics and Gynecology)
- *Certification:* American Osteopathic Board of Obstetrics and Gynecology



Joshua Lupton, DO

Obstetrics and Gynecology
Cape Cod Hospital OB/GYN
60A Park Street
Hyannis, MA 02601
774-552-6050

- *Medical School:* University of New England College of Osteopathic Medicine, Biddeford, ME
- *Residency:* Henry Ford Wyandotte Hospital, Wyandotte, MI (Obstetrics and Gynecology)



Elizabeth Murray, MD

Obstetrics and Gynecology
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508-457-0088

Stoneman Outpatient Center
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Sandwich, MA 02563
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- *Medical School:* Georgetown University School of Medicine, Washington, DC
- *Residency:* Duke University Medical Center, Durham, NC (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Elizabeth Speed, MD

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Mashpee, MA 02649
508-681-5081

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* Albert Einstein College of Medicine at Montefiore, Bronx, NY (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Holly Zheng, MD

Obstetrics and Gynecology
Cape Obstetrics & Gynecology
Falmouth Hospital Medical
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90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

- *Medical School:* The Pennsylvania State University College of Medicine, Hershey, PA
- *Residency:* Temple University Hospital, Philadelphia, PA (Obstetrics and Gynecology)

Certified Nurse-Midwives

Our team of certified nurse-midwives (CNMs) provide inpatient labor, delivery and postpartum care with The Family Birthplace at Cape Cod Hospital. Additionally, select CNMs also provide outpatient, office-based, pre and postnatal care at Cape Cod Hospital OB/GYN, in addition to gynecologic care.



Jodi Belson, CNM

Inpatient and Outpatient Midwifery

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050

- *Graduate School:* New York University, New York, NY (Master of Arts in Midwifery)
- *Certification:* American College of Nurse-Midwives



Jean MacBarron, CNM, MPH

Inpatient and Outpatient Midwifery

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050

- *Graduate School:* Boston University, Boston, MA (Master of Public Health with concentration in Midwifery)
- *Certification:* American College of Nurse-Midwives



Linda Dorflinger, RNC, MS, WHNP, CNM

Inpatient Midwifery

- *Graduate School:* The Midwifery Institute of Philadelphia University (Certificate in Midwifery)

Massachusetts General Hospital Institute of Health Professions (Master of Science in Nursing)

- *Certification:* American College of Nurse-Midwives



Katie Parsons, CNM

Inpatient Midwifery

- *Graduate School:* Vanderbilt University (Master of Science in Midwifery)
- *Certification:* American College of Nurse-Midwives



Jennifer Gilbert-Cohen, CNM

Inpatient Midwifery

- *Graduate School:* University of Pennsylvania (Master of Science in Nursing)
- *Certification:* American College of Nurse-Midwives



Corey Signs, CNM

Inpatient and Outpatient Midwifery

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050

- *Graduate School:* Philadelphia University, Philadelphia, PA (Master of Science in Midwifery)
- *Certification:* American College of Nurse-Midwives



Jeanette King, CNM

Inpatient Midwifery

- *Graduate School:* University of Rochester (Master of Science in Midwifery)
- *Certification:* American College of Nurse-Midwives



“Having had a baby in the 90’s and having a baby today, you can see things have come a long way. Dr. Chute and her whole team really worked with me to determine my expectations, support my decisions and made sure I got specialized testing for this pregnancy.”

- Rebecca T., Barnstable

Cape Cod Healthcare Women’s Health is an entire network dedicated to the specialized care of women. We’re committed to keeping you healthy with the latest in technology and diagnostic expertise, supported by the full resources of Cape Cod Healthcare.

Comprehensive Pregnancy
and Birth Care



CAPE COD HEALTHCARE

Women’s Health

Comprehensive care, close to home.

Download The Family Birthplace App at capecodhealth.org/birthplace-app.

Women's Heart Health



Heart disease is the number one cause of death for women in the United States. It is known as a silent killer, as the symptoms of heart disease or heart attacks in women can be very different from men and not always recognized as heart-related. Cape Cod Healthcare encourages women to be aware of their risks for heart disease and to take charge of their heart health.



Cape Cod Healthcare Heart and Vascular Institute: Comprehensive Cardiovascular Care, Close to Home

The specialists at our nationally recognized Heart and Vascular Institute, including cardiologists, heart and vascular surgeons, cardiac nurses and technicians, are highly skilled in detecting and treating women's heart conditions. We offer a comprehensive range of cardiac services using the latest in technology, including minimally invasive procedures, to achieve best outcomes. Cape Cod Healthcare's Heart and Vascular Institute features:

- An exceptional level of care with outcomes that compare to the best in the country.
- The training and expertise of board-certified cardiac and vascular physicians combined with the full resources of Cape Cod Healthcare, including Cape Cod Hospital and Falmouth Hospital, and the Visiting Nurse Association of Cape Cod.
- Skilled cardiovascular physician specialists working together to coordinate patient care.
- Outstanding physicians, nurse practitioners, physician assistants, nurses, technicians and staff.
- The latest research, screening and education resources.
- A continuum of care with seamless diagnosis, treatment and follow-up care.

28%

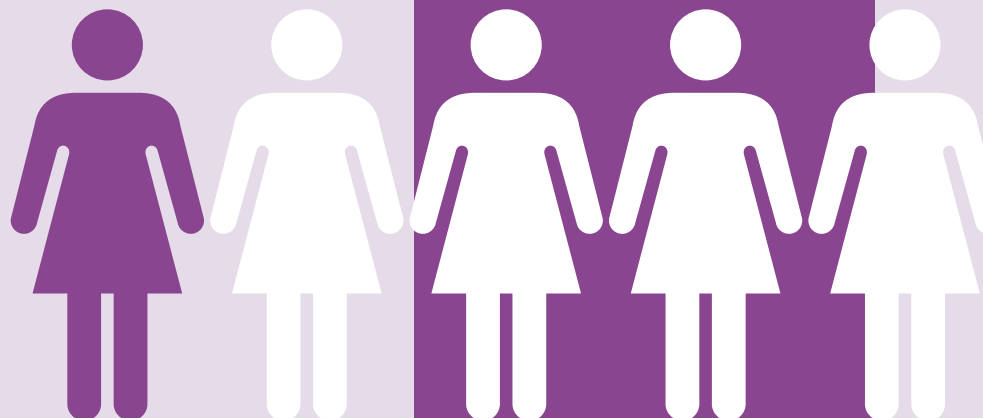


Did You Know...

- A woman dies from heart disease every 34 seconds.
- One in five females in the United States has some form of heart disease.
- Over 35% of American women are overweight.
- Over 25% of American women smoke.
- Heart disease claims more women's lives than the next three causes of death combined, including all forms of cancer.
- Nearly five times as many women (200,000) will die from heart attacks alone this year than will die from breast cancer.
- Since 1984, more women than men have died of heart disease each year.
- Most women begin to develop heart disease at a very young age.
- Women have a 28% increased risk of dying within the first year after a heart attack compared to men.

Risk Factors Include:

- High blood pressure
- High blood cholesterol
- Diabetes
- Smoking
- Being overweight
- Physical inactivity/sedentary lifestyle
- A family history of early heart disease
- Age (55 or older for women)



Cardiac Services and Treatments

Your primary care doctor or gynecologist may refer you to a cardiologist, if he or she suspects a heart-related condition. Symptoms that may indicate a heart condition include persistent shortness of breath, chest pain or dizziness. A cardiologist will review your medical history and perform a physical exam that may include checking blood pressure, weight, heart, lungs and blood vessels. Some issues may be diagnosed by symptoms at the examination; others will require more specialized testing.

Cape Cod Healthcare offers a wide range of services and advanced procedures, including non-invasive testing and imaging, catheter-based interventional cardiology, and invasive cardiology using open or minimally-invasive surgery:

- Advanced cardiac imaging
- Angioplasty and stenting
- Aortic aneurysm repair or removal
- Cardiac ablation, including cryoablation
- Cardiac catheterization
- Cardiac electrophysiology
- Cardiac rehabilitation
- Cardiac screening and education
- Cardiothoracic surgery
- Cardioversion
- Coronary artery bypass grafting (CABG)
- Coronary artery surgery
- Defibrillator placement
- Echocardiograms
- Electrophysiology studies
- Exercise stress tests
- Extracorporeal membrane oxygenation (ECMO)
- Heart failure clinic
- Hypothermia therapy
- Intra-aortic balloon pump therapy
- MAZE procedure for atrial fibrillation correction
- Mitral valve repair and replacement, including minimally invasive repair
- Open heart surgery
- Pacemaker placement, including Micra Transcatheter Pacing System
- Pharmacological stress tests
- Thoracic aortic surgery
- Transcatheter Aortic Valve Replacement (TAVR)
- Vascular medicine and surgery
- Watchman™ left atrial appendage closure

Please contact practices directly specific services and procedures offered and insurances accepted. For additional information, please see capecodhealth.org/womens-heart-health.

Preventing Heart Disease

- Avoid tobacco
- Be more active
- Choose good nutrition
- Know your blood pressure
- Know your cholesterol
- Maintain a healthy weight
- Have your annual physical and any necessary follow-up with your primary care physician (PCP)

Heart Attack Warning Signs

Seek help immediately if you are experiencing any of these heart attack symptoms:

- Chest pain
 - May start as mild discomfort and progress to more intense pain
 - May come and go
- May feel like a weight on the chest or a squeezing sensation
- Discomfort in other parts of the upper body
- Pain in the arms, back, jaw, neck, or stomach
- Shortness of breath
- A sensation of difficulty breathing
- Rapid or shallow breathing
- Sweating
- Nausea and vomiting
- Lightheadedness
- Anxiety

Although symptoms of chest pain and discomfort occur in both men and women, *women are somewhat more likely to experience:*

- Shortness of breath
- Back or jaw pain
- Nausea or vomiting

It's important to recognize these symptoms and not delay emergency treatment.

Cape Cod Hospital is one of just 17 hospitals in the country with 30-day heart attack mortality rates that are better than the national average. We have some of the fastest “door-to-balloon times” in the state and the nation, meaning if you arrive in one of our emergency rooms, you could be receiving treatment in our catherization lab as soon as 12 minutes. This translates to higher survival rates and less damage following a heart attack.

Practices – Cardiovascular Specialties

Upper Cape: Falmouth

Cape Cod Healthcare Cardiovascular Center – Falmouth

Falmouth Hospital Medical Office Building
90 Ter Heun Drive, 3rd Floor
Falmouth, MA 02540
508-540-0604
capecodhealth.org/cvc-falmouth

Providers: John Guerin, MD, FACC; John Hostetter, MD, FACC; Bruce Levy, MD, FACC; David Rancourt, DO, MPH, FACC; Megan Titas, MD, FACC; Lauren Johnson-Lavender, NP, ACNP-BC; Sara Seyler, NP, APN-BC

Cardiac Rehabilitation – Falmouth

Falmouth Hospital Medical Office Building
90 Ter Heun Drive, 1st floor
Falmouth, MA 02540
508-457-7676
capecodhealth.org/cardiac-rehab-falmouth

Medical Director: John Guerin, MD, FACC

Vascular & Vein Center of Cape Cod – Falmouth

Cape Cod Healthcare Cardiovascular Center
Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Suite 303
Falmouth, MA 02540
508-457-9739
capecodhealth.org/vascular-vein-falmouth

Physicians: James Knox, MD, FACS, RVT

Upper Cape: Mashpee

Southeastern Vascular

800 Falmouth Road, Suite 102A
Mashpee, MA 02649
508-775-1984
capecodhealth.org/se-surgical-mashpee

Physicians: Daniel Gorin, MD, RVT, FACS; Elizabeth Mahanor, MD, FACS

Upper Cape: Sandwich

Cape Cod Healthcare Cardiovascular Center – Sandwich

Stoneman Outpatient Center
2 Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604 (For appointments with Dr. Sader, please call 508-778-1829)
capecodhealth.org/cvc-sandwich

Physicians: John Guerin, MD, FACC; John Hostetter, MD, FACC; Bruce Levy, MD, FACC; David Rancourt, DO, FACC, MPH; Claude-Laurent Sader, MD, FACC; Megan Titas, MD, FACC

Cardiovascular Associates of Sandwich

68 Route 6A
Sandwich, MA 02563
774-413-5457
capehearthealth.com

Physician: Mary Callahan, DO, FACC



Mid-Cape: Hyannis

Cape Cod Healthcare Cardiovascular Center – Hyannis

25 Main Street
Hyannis, MA 02601
508-778-1829
capecodhealth.org/cvc-hyannis

Providers: Peter Friedman, MD, PhD, FACC, FHRS; Lawrence McAuliffe, MD, FACC; Claude-Laurent Sader, MD, FACC; Elissa Thompson, MD; Mark Wolfe, MD, FACC; Shannon List, MSN, FNP-BC; Sarah Montgomery, RN, MS, ACNP-BC; Courtney Park, NP

Cape Cod Surgical Associates

40 Lewis Bay Road
Hyannis, MA 02601
508-775-0800
capecodsurgical.com

Physician: Stephen Brooks, MD, FACS, RPVI

Cardiovascular Consultants of Cape Cod

140 Yarmouth Road
Hyannis, MA 02601
508-778-8818
cardiovascularcapecod.com

Providers: Luke Daley, MD, FACC; Charles Haffajee, MD, FACC; John Kalin, MD, FACC; Michael Mecley, MD, FACC; Stephan Muhlebach, MD, FACC; Nanette Hallet, NP

Hatfield Cardiology

46 North Street, Suite 6
Hyannis, MA 02601
508-778-4888
hatfieldcardiology.com

Physicians: Mallory Hatfield, MD, FACC; Philip Iuliano, MD, FACC; Nicholas Matas, MD, FACC

Heart Center

52 Park Street
Hyannis, MA 02601
508-771-4205
ourheartcenter.com

Physicians: Peter Chiotellis, MD, FACC; Philip Chiotellis, MD, FACC, FASE, FASNC, RPVI

Cape Cod Hospital Cardiology Hospitalist Service

Cape Cod Hospital
27 Park Street
Hyannis, MA 02601
508-862-5050
capecodhealth.org/cardiology-hospitalist

Inpatient Physicians: Jennifer Ladner, MD, FACC; Karl Stajduhar, MD, FACC; Dogan Temizer, MD, FACC

Cape Cod Hospital Cardiac Surgery Services

40 Quinlan Way, Suite 104
Hyannis, MA 02601
508-862-5050
capecodhealth.org/cardiac-surgery-services

Physician: Dan Loberman, MD

Cape Cod Hospital Cardiovascular Procedural Services

40 Quinlan Way, Suite 104
Hyannis, MA 02601
508-862-5050
capecodhealth.org/interventional-cardiology

Physicians: Alanna Coolong, MD; Philip Dombrowski, MD; David Leeman, MD; John Santilli, MD; Tendoh Timoh, MD, FACC; Richard Zelman, MD, FACC

Cardiac Rehabilitation – Hyannis

Cape Cod Healthcare Cardiovascular Center
25 Main Street
Hyannis, MA 02601
508-957-7300
capecodhealth.org/cardiac-rehab-hyannis

Medical Director: Elissa Thompson, MD

Southeastern Vascular

100 Camp Street
Hyannis, MA 0260
508-775-1984

capecodhealth.org/se-surgical-hyannis

Providers: Daniel Gorin, MD, RVT, FACS; Elizabeth Mahanor, MD, FACS; Lawrence Novak, MD, FACS; Susan Davenport, CNP; Donna Potter, CNP

Lower Cape: Harwich

Cape Cod Healthcare Cardiovascular Center – Harwich

Fontaine Outpatient Center
525 Long Pond Drive
Harwich, MA 02645
508-778-1829
capecodhealth.org/cardiovascular-harwich

Physician: Elissa Thompson, MD

Cape Cardiology

127 Underpass Road
Brewster, MA 02631
508-876-3777
capecardiology.com

Providers: Eleanor Sullivan, MD, FACC; Kelly Provencher, NP, MSC, APRN, BC

Physicians – Cardiovascular Specialties

For additional information including clinical interests, see capecodhealth.org/physicians.



Stephen Brooks, MD, FACS, RPVI
Vascular Surgery and General Surgery

Cape Cod Surgical Associates
6 Main Street, Building B
Hyannis, MA 02601
508-775-0800

- *Medical School:* University of Alabama School of Medicine, Birmingham, AL
- *Residency:* Baptist Medical Center, Birmingham, AL (General Surgery)
- *Fellowship:* Allegheny General Hospital (Trauma)
- *Certification:* American Board of Surgery and Surgical Critical Care



Mary Callahan, DO, FACC
Cardiology

Cardiovascular Associates
of Sandwich
68 Route 6A
Sandwich, MA 02563
774-413-5457

- *Medical School:* University of New England College of Osteopathic Medicine, Biddeford, ME
- *Residency:* Brown University, Providence, RI (Internal Medicine)
- *Fellowship:* Albany Medical Center, Albany, NY (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



Peter Chiotellis, MD, FACC

Cardiology

Heart Center
52 Park Street
Hyannis, MA 02601
508-771-4205

- *Medical School:* University College of Dublin Faculty of Medicine, Dublin, Ireland
- *Residency:* St. Elizabeth's Medical Center, Boston, MA (Internal Medicine)
- *Fellowship:* St. Elizabeth's Medical Center, Boston, MA (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



Philip Chiotellis, MD, FACC, FASE, FASNC, RPVI

Cardiology

Heart Center
52 Park Street
Hyannis, MA 02601
508-771-4205

- *Medical School:* University of Athens School of Medicine, Greece
- *Residency:* University of Medicine and Dentistry of New Jersey, Newark, NJ (Internal Medicine)
- *Fellowships:* Harvard Medical School, Boston City Hospital, Boston, MA (Cardiology) Massachusetts General Hospital, Boston, MA (Cardiology)
- *Certifications:* American Board of Internal Medicine and Cardiovascular Disease, National Board of Nuclear Cardiology & Echocardiology



Alanna Coolong, MD

Interventional Cardiology

Cape Cod Hospital
Cardiovascular Procedural Services
40 Quinlan Way, Suite 104
Hyannis, MA 02601
508-862-5050

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* Rhode Island Hospital/Miriam Hospital, Providence, RI (Internal Medicine)
- *Fellowship:* Maine Medical Center, Portland, ME (Cardiovascular Disease) Brigham and Women's Hospital, Boston, MA (Interventional Cardiology)
- *Certification:* American Board of Internal Medicine, Cardiovascular Disease and Interventional Cardiology



Luke Daley, MD, FACC

Cardiology

Cardiovascular Consultants of Cape Cod
140 Yarmouth Road
Hyannis, MA 02601
508-778-8818

- *Medical School:* Tufts University School of Medicine, Boston, MA
- *Residency:* Hospitals of the University Health Center of Pittsburgh, PA (Internal Medicine)
- *Fellowship:* New England Medical Center Hospitals, Boston, MA (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



Philip Dombrowski, MD

Interventional Radiology

Cape Cod Hospital
Cardiovascular Procedural
Services
40 Quinlan Way, Suite 104
Hyannis, MA 02601
508-862-5050

- *Medical School:* University of Rochester School of Medicine, Rochester, NY
- *Residency:* Dartmouth-Hitchcock Medical Center, Hanover, NH (Diagnostic Radiology)
- *Fellowship:* University of Virginia Medical Center, Charlottesville, VA (Angiography and Interventional Radiology)
- *Certification:* American Board of Diagnostic Radiology



Peter Friedman, MD, PhD, FACC, FHRS

Cardiology

*Special Focus: Cardiac
Electrophysiology*

Cape Cod Healthcare
Cardiovascular Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

- *Medical School:* Columbia University College of Physicians and Surgeons, Manhattan, NY
- *Residency:* Presbyterian Hospital, NY (Internal Medicine)
- *Fellowships:* Peter Bent Brigham Hospital (Cardiology)
Harvard Medical School, Boston, MA (Cardiology)
University of Limburg, Netherlands (Cardiac Electrophysiology)
- *Certification:* American Board of Internal Medicine, Cardiovascular Disease and Clinical Cardiac Electrophysiology



Daniel Gorin, MD, RVT, FACS

Vascular Surgery

Southeastern Vascular
100 Camp Street
Hyannis, MA 02601
508-775-1984

Southeastern Vascular
800 Falmouth Road, Suite 102A
Mashpee, MA 02649
508-775-1984

- *Medical School:* University of Connecticut School of Medicine, Farmington, CT
- *Residency:* University of Connecticut School of Medicine (General Surgery)
- *Fellowship:* Boston University, Boston, MA (Peripheral Vascular Surgery)
- *Certification:* American Board of Surgery, Vascular Surgery



John Guerin, MD, FACC

Cardiology

Cape Cod Healthcare
Cardiovascular Center – Falmouth
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-540-0604

Cape Cod Healthcare
Cardiovascular Center – Sandwich
Stoneman Outpatient Center
2 Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604

- *Medical School:* Mount Sinai School of Medicine, New York, NY
- *Residency:* University of Connecticut Health Center Hartford Hospital (Internal Medicine)
- *Fellowship:* Maine Medical Center, Portland, ME (Nuclear Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



Charles Haffajee, MD, FACC

Cardiology

Cardiovascular Consultants of
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140 Yarmouth Road
Hyannis, MA 02601
508-778-8818

- *Medical School:* University of Cambridge, England and University College Hospital Medical School, London, England
- *Residencies:* Addenbrookes Hospital, Cambridge, England (Internal Medicine)
University College Hospital, London, England
- *Fellowships:* Brompton Hospital, London, England (Cardiac Electrophysiology)
University of Massachusetts Medical Center, Worcester, MA
- *Certification:* American Board of Internal Medicine, Cardiovascular Medicine and Clinical Cardiac Electrophysiology



Mallory Hatfield, MD, FACC

Cardiology

Hatfield Cardiology
46 North Street, Suite 6
Hyannis, MA 02601
508-778-4888

- *Medical School:* State University of New York Health Science Center, Syracuse, NY
- *Residency:* Lenox Hill Hospital, New York, NY (Internal Medicine)
- *Fellowship:* Brown University, Miriam Hospital, Providence, RI (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



John Hostetter, MD, FACC

Cardiology

Cape Cod Healthcare
Cardiovascular Center –
Falmouth
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-540-0604

Cape Cod Healthcare
Cardiovascular Center –
Sandwich
Stoneman Outpatient Center
2 Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604

- *Medical School:* Robert Wood Johnson Medical School, Piscataway, NJ
- *Residency:* Beth Israel Deaconess Medical Center, Boston, MA (Internal Medicine)
- *Fellowship:* The Cleveland Clinic Foundation, Cleveland, OH (Cardiovascular Disease)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



Philip Iuliano, MD, FACC

Cardiology

Hatfield Cardiology
46 North Street, Suite 6
Hyannis, MA 02601
508-778-4888

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* University of North Carolina Hospitals at Chapel Hill, Chapel Hill, NC (Internal Medicine)
- *Fellowship:* Milton S. Hershey Medical Center of the Pennsylvania State University, Hershey, PA (Cardiology)
- *Certification:* American Board of Cardiovascular Disease



John Kalin, MD, FACC

Cardiology

Cardiovascular Consultants of
Cape Cod
140 Yarmouth Road
Hyannis, MA 02601
508-778-8818

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* Tufts Medical Center, Boston, MA (Internal Medicine)
- *Fellowships:* Tufts-New England Medical Center, Boston, MA (Cardiovascular Disease)
Tufts Medical Center, Boston, MA (Clinical Electrophysiology)
- *Certification:* American Board of Internal Medicine, Cardiovascular Medicine and Clinical Cardiac Electrophysiology



James Knox, MD, FACS, RVT

Vascular Surgery

Vascular & Vein Center of
Cape Cod – Falmouth
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive, Suite 303
Falmouth, MA 02540
508-457-9739

Cape Cod Healthcare
Wound Care Center
905 Attucks Lane
Hyannis, MA 02601
508-862-7781

- *Medical School:* Duke University School of Medicine, Durham, NC
- *Residency:* Brigham and Women’s Hospital, Boston, MA (General Surgery)
- *Fellowship:* Brigham and Women’s Hospital, Boston, MA (Vascular Surgery)
- *Certification:* American Board of Surgery, Vascular Surgery and Surgical Critical Care



Jennifer Ladner, MD, FACC

Cardiology

Special Focus: Inpatient Cardiology

Cape Cod Hospital Cardiology
Hospitalist Service
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601
508-862-5050

- *Medical School:* University of Texas Health Science Center, San Antonio, TX
- *Residency:* Brooke Army Medical Center, Fort Sam Houston, TX (Internal Medicine)
- *Fellowships:* Brooke Army Medical Center, Fort Sam Houston, TX (Cardiology)
Fitzsimons Army Medical Center, Aurora, CO (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



David Leeman, MD

Interventional Cardiology

Cape Cod Hospital
Cardiovascular Procedural
Services
40 Quinlan Way, Suite 104
Hyannis, MA 02601
508-862-5050

- *Medical School:* New York University School of Medicine, New York, NY
- *Residency:* Beth Israel Deaconess medical Center, Boston, MA (Internal Medicine)
- *Fellowship:* Beth Israel Deaconess Hospital, Boston, MA (Cardiology)
- *Certification:* American Board of Internal Medicine, Cardiovascular Disease and Interventional Cardiology



Bruce Levy, MD, FACC

Cardiology

Cape Cod Healthcare
Cardiovascular Center – Falmouth
Falmouth Hospital Medical Office
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90 Ter Heun Drive
Falmouth, MA 02540
508-540-0604

Cape Cod Healthcare
Cardiovascular Center –
Sandwich
Stoneman Outpatient Center
2 Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604

- *Medical School:* Albany Medical College, Albany, NY
- *Residency:* St. Elizabeth's Hospital, Boston, MA (Internal Medicine)
- *Fellowship:* St. Elizabeth's Hospital, Tufts University School of Medicine, Boston, MA (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



Dan Loberman, MD

Cardiac Surgery

Cape Cod Hospital Cardiac
Surgery Services
40 Quinlan Way, Suite 104
Hyannis, MA 02601
508-862-5050

- *Medical School:* Technion, Israel Institute of Technology, Israel
- *Residencies:* Tel-Aviv Medical Center, Israel (Cardiothoracic Surgery)
Sheba Medical Center, Israel (Congenital & Adult Cardiac Surgery)
- *Fellowships:* Boston Children's Hospital, Boston, MA (Congenital Cardiac Surgery)
Brigham and Women's Hospital, Boston, MA (Advanced Cardiac Surgery)
Brigham and Women's Hospital, Boston, MA (Transcatheter Intervention)



Elizabeth Mahanor, MD, FACS

Vascular Surgery

Southeastern Vascular
100 Camp Street
Hyannis, MA 02601
508-775-1984

Southeastern Vascular
800 Falmouth Road, Suite 102A
Mashpee, MA 02649
508-775-1984

- *Medical School:* Boston University School of Medicine, Boston, MA
- *Residency:* Boston University Medical Center, Boston, MA (General Surgery)
- *Fellowship:* Tufts- New England Medical Center, Boston, MA (Vascular Surgery)
- *Certification:* American Board of Vascular Surgery



Nicholas Matas, MD, FACC

Cardiology

Hatfield Cardiology
46 North Street, Suite 6
Hyannis, MA 02601
508-778-4888

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* University of Massachusetts Medical School, Worcester, MA (Internal Medicine)
- *Fellowship:* University of Massachusetts Medical Center, Worcester, MA (Cardiovascular Disease)
- *Certification:* American Board of Cardiovascular Disease and Nuclear Cardiology



Laurence McAuliffe, MD, FACC

Cardiology

Cape Cod Healthcare
Cardiovascular Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

- *Medical School:* Boston University School of Medicine, Boston, MA
- *Residency:* University of Michigan, Ann Arbor, MI (Internal Medicine)
- *Fellowship:* New England Deaconess Hospital, Boston, MA (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



Michael Mecley, MD, FACC

Cardiology

Cardiovascular Consultants of
Cape Cod
140 Yarmouth Road
Hyannis, MA 02601
508-778-8818

- *Medical School:* University of Connecticut School of Medicine, Farmington, CT
- *Residency:* St. Elizabeth’s Medical Center, Boston, MA (Internal Medicine)
- *Fellowship:* St. Elizabeth’s Hospital, Boston, MA (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



Stephan Muhlebach, MD, FACC

Cardiology

Cardiovascular Consultants of
Cape Cod
140 Yarmouth Road
Hyannis, MA 02601
508-778-8818

Cardiovascular Consultants of
Cape Cod
Fontaine Outpatient Center
525 Long Pond Drive
Harwich, MA 02645
508-778-8818

- *Medical School:* University of Connecticut School of Medicine, Farmington, CT
- *Residency:* Rhode Island Hospital/Miriam Hospital, Providence, RI (Internal Medicine)
- *Fellowship:* Rhode Island Hospital/Miriam Hospital, Providence, RI (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



Lawrence Novak, MD, FACS

Vascular Surgery

General Surgery

Southeastern Vascular
100 Camp Street
Hyannis, MA 02601
508-775-1984

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* University of Vermont Fletcher Allen Health Care, Burlington, VT (General Surgery)
- *Certification:* American Board of Surgery





David Rancourt, DO, MPH, FACC

Cardiology

Cape Cod Healthcare
Cardiovascular Center – Falmouth
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-540-0604

Cape Cod Healthcare
Cardiovascular Center – Sandwich
Stoneman Outpatient Center
2 Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604

- *Medical School:* University of New England College of Osteopathic Medicine, Biddeford, ME
- *Residency:* Maine Medical Center, Portland, ME (Internal Medicine)
- *Fellowship:* Maine Medical Center, Portland, ME (Cardiovascular Disease)
- *Certification:* American Board of Internal Medicine



Claude-Laurent Sader, MD, FACC

Cardiology

Cape Cod Healthcare
Cardiovascular Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

Cape Cod Healthcare
Cardiovascular Center –
Sandwich
Stoneman Outpatient Center
2 Sebastian Drive, Suite 103
Sandwich, MA 02563
508-778-1829

- *Medical School:* Lebanese University School of Medicine, Beirut, Lebanon
- *Residency:* Crozer-Chester Medical Center, Upland, PA (Internal Medicine)
- *Fellowship:* Albany Medical Center, Albany, NY (Cardiovascular Disease)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease

John Santilli, MD

Interventional Radiology

Cape Cod Hospital Cardiovascular Procedural
Services
40 Quinlan Way, Suite 104
Hyannis, MA 02601
508-862-5050

- *Medical School:* Wayne State University School of Medicine, Detroit, MI
- *Residency:* New England Medical Center, Boston, MA (Radiology)
- *Fellowship:* University of Maryland Medical Center, Baltimore, MD (Vascular and Interventional Radiology)
- *Certification:* American Board of Diagnostic Radiology, Vascular and Interventional Radiology



Karl Stajduhar, MD, FACC

Cardiology

Special Focus: Inpatient Cardiology

Cape Cod Hospital Cardiology
Hospitalist Service
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601
508-862-5050

- *Medical School:* University of Pittsburgh School of Medicine, Pittsburgh, PA
- *Residency:* Walter Reed Army Medical Center, Washington, DC (Internal Medicine)
- *Fellowships:* Walter Reed Army Medical Center, Washington, DC (Cardiovascular Disease)
Oregon Health Sciences University, Portland, OR (Clinical Cardiac Electrophysiology)
- *Certification:* American Board of Internal Medicine, Cardiovascular Disease and Clinical Cardiac Electrophysiology



Eleanor Sullivan, MD, FACC

Cardiology

Cape Cardiology
127 Underpass Road
Brewster, MA 02631
508-876-3777

- *Medical School:* Tufts University School of Medicine, Boston, MA
- *Residency:* St. Elizabeth’s Medical Center, Boston, MA (Internal Medicine)
- *Fellowship:* St. Elizabeth’s Hospital, Boston, MA (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease

Dogan Temizer, MD, FACC

Cardiology

Special Focus: Inpatient Cardiology

Cape Cod Hospital Cardiology Hospitalist Service
Cape Cod Hospital
27 Park Street
Hyannis, MA 02601
508-862-5050

- *Medical School:* Ohio State University College of Medicine, Columbus, OH
- *Residency:* Massachusetts General Hospital, Boston, MA (Internal Medicine)
- *Fellowships:* Massachusetts General Hospital, Boston, MA (Cardiovascular Disease)
University of Pennsylvania Health System, Philadelphia, PA (Cardiovascular Disease)
- *Certification:* American Board of Internal Medicine, Cardiovascular Disease and Interventional Cardiology



Elissa Thompson, MD

Cardiology

Cape Cod Healthcare
Cardiovascular Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

Cape Cod Healthcare
Cardiovascular Center – Harwich
Fontaine Outpatient Center
525 Long Pond Drive
Harwich, MA 02645
508-778-1829

- *Medical School:* University of Maryland School of Medicine, Baltimore, MD
- *Residency:* Washington Hospital Center/ Georgetown University Hospital, Washington, DC (Internal Medicine)
- *Fellowship:* Washington Hospital Center/ Georgetown University Hospital, Washington, DC (Cardiovascular Disease)
- *Certification:* American Board of Cardiovascular Disease



Tendoh Timoh, MD, FACC

Cardiology

Special Focus: Cardiac Imaging

Cape Cod Hospital
Cardiovascular Procedural
Services
40 Quinlan Way, Suite 104
Hyannis, MA 02601
508-862-5050

- *Medical School:* Georgetown University School of Medicine, Washington, DC
- *Residency:* Mount Sinai Hospital, New York, NY (Internal Medicine)
- *Fellowships:* Georgetown and Washington Hospital Center, Washington, DC (Cardiology)
Medstar Heart Institute, Washington, DC and
The National Institutes of Health (NHLBI), Bethesda, MD (Advanced Cardiac Imaging)
- *Certification:* American Board of Internal Medicine, Cardiovascular Disease, Nuclear Cardiology



Megan Titas, MD, FACC

Cardiology

Cape Cod Healthcare
Cardiovascular Center – Falmouth
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-540-0604

Cape Cod Healthcare
Cardiovascular Center –
Sandwich
Stoneman Outpatient Center
2 Sebastian Drive, Suite 103
Sandwich, MA 02563
508-540-0604

- *Medical School:* Emory School of Medicine, Atlanta, GA
- *Residency:* Boston Medical Center, Boston, MA (Internal Medicine)
- *Fellowship:* Boston Medical Center, Boston, MA (Cardiovascular Medicine)
- *Certification:* American Board of Internal Medicine



Mark Wolfe, MD, FACC

Cardiology

Cape Cod Healthcare
Cardiovascular Center – Hyannis
25 Main Street
Hyannis, MA 02601
508-778-1829

- *Medical School:* University of Texas Southwestern Medical School, Dallas, TX
- *Residency:* Keesler AFB Medical Center, Biloxi, MS (Internal Medicine)
- *Fellowship:* Brigham and Women's Hospital, Boston, MA (Cardiology)
- *Certification:* American Board of Internal Medicine and Cardiovascular Disease



Richard Zelman, MD, FACC

Cardiology

Cape Cod Hospital
Cardiovascular Procedural
Services
40 Quinlan Way, Suite 104
Hyannis, MA 02601
508-862-5050

- *Medical School:* University of Texas Health Science Center, San Antonio, TX
- *Residency:* Brigham and Women's Hospital, Boston, MA
- *Fellowships:* Brigham and Women's Hospital, Boston, MA (Cardiovascular Medicine)
Brigham and Women's Hospital, Boston, MA (Interventional Cardiovascular Medicine)
St. Elizabeth's Medical Center, Brighton, MA (Interventional Vascular Medicine)
- *Certification:* American Board of Internal Medicine, Cardiovascular Disease and Interventional Cardiology

Did You Know?

A woman's heart attack symptoms can differ from a man's and women are somewhat more likely to experience:

- shortness of breath
- back or jaw pain
- nausea or vomiting

It's important to recognize these symptoms and not delay emergency treatment.



“I was having chest pain just walking short distances. I was worried, but it did go away. I have a great relationship with Dr. Titas, so I gave her a call immediately. She’s been very good about helping me keep an eye on my heart health. The plan is to keep me going until I’m at least 100!”

- Gail C., Mashpee

Cape Cod Healthcare Women’s Health is an entire network dedicated to the specialized care of women. We’re committed to keeping you healthy with the latest in technology and diagnostic expertise, supported by the full resources of Cape Cod Healthcare.

Women’s Heart Health



CAPE COD HEALTHCARE

Women’s Health

Comprehensive care, close to home.

Learn your risk for a heart attack or stroke at ccccalculator.ccctracker.com.

Women's Surgical Services



Cape Cod Healthcare offers women access to the high level of innovative, skilled surgical care and procedures you would expect from a major urban medical center, close to home. Our board-certified surgeons employ the latest technology, allowing them to perform minimally invasive techniques, such as robotic-assisted surgery, through complex procedures in their specialized fields.

Within our Women's Health services, our specialists offer:

- Breast surgery
- Gynecologic surgery
- Plastic reconstructive surgery



“I went in for my annual mammogram and this time they found something. A biopsy proved it was cancer, but because it was at a very early stage my doctor and I decided on a less aggressive treatment. It was good to have choices. It’s been years, and I’m here and I’m OK.” - Kathryn R., Falmouth

Cape Cod Healthcare Women’s Health is an entire network dedicated to the specialized care of women. We’re committed to keeping you healthy with the latest in technology and diagnostic expertise, supported by the full resources of Cape Cod Healthcare.

Comprehensive Breast Imaging Treatment and Care



CAPE COD HEALTHCARE

Women’s Health

Comprehensive care, close to home.

Schedule your routine screening mammogram at [capecodhealth.org/breast-care](https://www.capecodhealth.org/breast-care).

Breast Surgery

If surgery is required to treat breast cancer or benign breast disease, our trained surgeons who perform breast surgery are highly-skilled and experienced in the latest techniques.

They collaborate closely with our plastic reconstructive surgeons, medical and radiation oncologists, and breast patient navigators as part of a patient's dedicated care team. Innovative surgical options offered at Cape Cod Healthcare include Hidden Scar™ breast surgery, nipple-sparing mastectomy and oncoplastic breast surgery.



Innovative surgical options offered at Cape Cod Healthcare include Hidden Scar™ breast surgery, nipple-sparing mastectomy and oncoplastic breast surgery.

Please contact practices directly for specific services and procedures offered and insurances accepted. For more information, see capecodhealth.org/breast-surgery.

Hidden Scar™ Breast Cancer Surgery



Hidden Scar™ breast cancer surgery provides an option for patients which minimizes scarring and helps to preserve the natural breast shape, with the aim of maintaining a woman's physical appearance and lessening the emotional impact of breast surgery. In Hidden Scar™ lumpectomy and mastectomy surgery, a single incision is made along the natural folds of the skin to remove tissue, sparing the nipple, areola and surrounding breast tissue. Cape Cod Healthcare was the first healthcare system in Massachusetts to offer this pioneering technique and is the only healthcare system in the state certified as a Hidden Scar Center of Excellence. Kathryn Dalton, DO, FACS, FACOS and Jill Oxley, MD, FACS are among the certified Hidden Scar surgeons in Massachusetts.

Practices – Breast Surgery

Upper Cape: Falmouth

Cape Cod Healthcare General and Specialty Surgery

Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Suite 302
Falmouth, MA 02540
508-862-5565
capecodhealth.org/specialty-surgery-falmouth

Provider: Kathryn Dalton, DO, FACS, FACOS

Cape Cod Surgeons

210 Jones Road
Falmouth, MA 02540
508-540-9771
capecodsurgeons.net

Physicians: Garry Brake, MD; Peter Hopewood, MD, FACS; C. Jeffrey Siegert, MD, FACS

Mid-Cape: Hyannis

Cape Cod Healthcare General and Specialty Surgery

105 Park Street
Hyannis, MA 02601
508-862-5565
capecodhealth.org/specialty-surgery-hyannis

Provider: Kathryn Dalton, DO, FACS, FACOS

Cuda Breast Care Center at CCHC

Wilkins Outpatient Medical Complex
35 Wilkins Lane
Hyannis, MA 02601
508-957-1720

Providers: Jill Oxley, MD, FACS; Stephanie Ellis, NP

Physicians – Breast Surgery

For additional information including clinical interests, see capecodhealth.org/physicians.



Garry Brake, MD

General Surgery

Cape Cod Surgeons
210 Jones Road
Falmouth, MA 0254
508-540-9771

- *Medical School:* University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School, NJ
- *Residency:* University of Illinois Hospitals and Clinics, Chicago, IL (General Surgery)
- *Certification:* American Board of Surgery



Kathryn Dalton, DO, FACS, FACOS

General Surgery

Cape Cod Healthcare General and Specialty Surgery
105 Park Street
Hyannis, MA 02601
508-862-5565

Falmouth Hospital Medical Office Building
90 Ter Heun Drive, Suite 302
Falmouth, MA 02540
508-862-5565

- *Medical School:* University of New England College of Osteopathic Medicine, Biddeford, ME
- *Residency:* Henry Ford Wyandotte Hospital / Michigan State University (General Surgery)
- *Certifications:* American Osteopathic Board of Surgery



Peter Hopewood, MD, FACS

General Surgery

Cape Cod Surgeons
210 Jones Road
Falmouth, MA 02540
508-540-9771

- *Medical School:* University of Vermont College of Medicine, Burlington, VT
- *Residency:* New England Deaconess Hospital, Boston, MA (General Surgery)
- *Certifications:* American Board of Surgery



Jill Oxley, MD, FACS

Breast Surgery

Cuda Breast Care Center at CCHC
Wilkins Outpatient Medical
Complex
35 Wilkens Lane
Hyannis, MA 02601
508-957-1720

- *Medical School:* Yale University School of Medicine, New Haven, CT
- *Residency:* Boston Medical Center, Boston, MA (General Surgery)
- *Certification:* American Board of Surgery



C. Jeffrey Siegert, MD, FACS

General Surgery

Cape Cod Surgeons
210 Jones Road
Falmouth, MA 02540
508-540-9771

- *Medical School:* Emory University School of Medicine, Atlanta, GA
- *Residency:* Boston University Medical Center, Boston, MA (General Surgery)
- *Fellowship:* Boston Medical Center, Boston, MA (Surgical Critical Care/Trauma)
- *Certification:* American Board of Surgery and Surgical Critical Care

Breast Cancer Reconstruction Surgery Fund

This fund is available to women who live in Barnstable County, to help with the costs of breast reconstruction not covered by insurance. It is also open to Barnstable County patients with hereditary cancer syndromes who have not had a cancer diagnosis, for use covering a prophylactic mastectomy, as well as for breast reconstruction patients whose insurance is not accepted by their plastic surgeon. For more information, please contact Barbara Archambeault, RTT, MHA, Oncology Operations Manager, Davenport-Mugar Cancer Center at barbarchambeault@capecodhealth.org.



A Supportive Place

At Cuda Women's Health Center in Hyannis and Seifer Women's Health and Imaging Center in Falmouth, we offer breast cancer support with two of our dedicated breast experts. Focused on emotional coping and healing, we provide a supportive place for women at any stage of their breast cancer journey to address questions and concerns, and learn about available resources.

For more information, as well as additional community resources, please contact:

Cuda Women's Health Center

Pat Ryan-Blanchard, NP 508-957-1619

Seifer Women's Health and Imaging Center

Kathy Murray, RN, CN-BN 508-457-3780

Gynecologic Surgery

In addition to a wide spectrum of in-office gynecologic procedures offered by our obstetrician/gynecologists (OB/GYNs), advanced reproductive system surgery is offered by a select group of these specialists. Equipped with the latest technology for minimally-invasive, robotically-assisted and conventional surgery, our integrated team of gynecologic surgeons, anesthesiologists and nurses are experienced in performing procedures including:

- Hysterectomy (laparoscopic, robotically-assisted, abdominal and vaginal)
- Endometrial ablation for heavy menstrual bleeding
- Oophorectomy (removal of the ovaries)
- Ovarian cyst removal
- Tubal sterilization / fallopian tube removal
- Cervical conization
- Uro-gynecologic surgery
- InterStim therapy for overactive bladder
- Pelvic organ prolapse surgery (including repair for cystocele and rectocele)
- Vulvar lesion removal

Advanced Specialty Care Coordinated with:

- Gynecologic oncologists
- Uro-gynecologists

Please contact practices directly for specific services and treatments offered and insurances accepted. For more information on Gynecologic Surgery, please see capecodhealth.org/gynecologic-surgery.

Gynecologic Oncology Surgery

An experienced gynecologic oncologist from Brigham and Women's Hospital in Boston (Colleen Feltmate, MD) provides intraoperative assistance and consultation to allow state of the art oncologic surgical treatment at Cape Cod Hospital. Dr. Feltmate has become an integral part of the GYN surgical team if there is a diagnosis of a gynecologic cancer.

Practices – Gynecologic Surgery

Upper Cape: Falmouth

Cape Obstetrics & Gynecology

Falmouth Hospital Medical Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088
capecodhealth.org/cape-obgyn-falmouth

Physicians: Nisha David, MD; Paul DeMeo, MD;
Elizabeth Murray, MD; Holly Zheng, MD

Upper Cape: Bourne

Cape Obstetrics & Gynecology

1 Trowbridge Place
Bourne, MA 02532
508-457-0088
capecodhealth.org/cape-obgyn-bourne

Physician: Paul DeMeo, MD

Upper Cape: Mashpee

Falmouth Women's Health

133 Falmouth Road, Building 2, Suite A
Mashpee, MA 02649
508-681-5081
falmouthwomenshealth.com

Physicians: Richard Heywood, DO, FACOG;
Elizabeth Speed, MD

Upper Cape: Sandwich

Cape Obstetrics & Gynecology

Stoneman Outpatient Center
2 Jan Sebastian Drive, Sandwich, MA 02563
508-457-0088
capecodhealth.org/cape-obgyn-sandwich

Physicians: Nisha David, MD; Elizabeth Murray, MD

Mid-Cape: Hyannis

All Cape Gynecology

1330 Phinneys Lane
Hyannis, MA 02601
508-775-0003
allcapegynecology.com

Physician: Lucia Cagnes, MD

Cape Cod Hospital OB/GYN

40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050
capecodhealth.org/cch-obgyn-quinlan

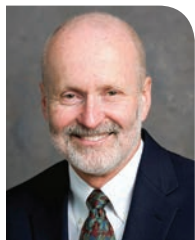
Physicians: William Agel, MD; Richard Angelo, MD;
Tara Chute, MD

60A Park St
Hyannis, MA 02601
774-552-6050
capecodhealth.org/cch-obgyn-park

Physicians: Lindsay LaCorte, DO, MPH, FACOOG;
Joshua Lupton, DO

Physicians – Gynecologic Surgery

For additional information including clinical interests, see capecodhealth.org/physicians.



William Agel, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050

- *Medical School:* New Jersey Medical School, Newark, NJ
- *Residency:* Tufts University School of Medicine, Boston, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Richard Angelo, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
Hyannis, MA 0260
774-552-6050

- *Medical School:* Rutgers Medical School, Newark, NJ
- *Residency:* Tufts-New England Medical Center, Boston, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Lucia Cagnes, MD

Obstetrics and Gynecology
Special Focus: Gynecology

All Cape Gynecology
1330 Phinney's Lane
Hyannis, MA 0260
508-775-0003

- *Medical School:* University of Palermo School of Medicine and Surgery, Italy
- *Residencies:* University Hospital of Palermo, Italy (Obstetrics and Gynecology)
Rochester General Hospital, Rochester, NY (Obstetrics and Gynecology)
Bethesda Hospital, Cincinnati, OH (Family Practice)
- *Certification:* American Board of Obstetrics and Gynecology



Tara Chute, MD

Obstetrics and Gynecology

Cape Cod Hospital OB/GYN
40 Quinlan Way, Suite 150
Hyannis, MA 02601
774-552-6050

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* University of Massachusetts Memorial Hospital, Worcester, MA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Nisha David, MD

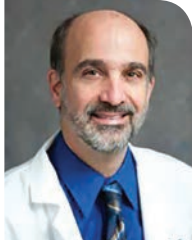
Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

Bourne Health Center
1 Trowbridge Place
Bourne, MA 02532
508-457-0088

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 02563
508-457-0088

- *Medical School:* University of Rochester School of Medicine and Dentistry, Rochester, NY
- *Residency:* William Beaumont Hospital, Royal Oak, MI (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Paul DeMeo, MD

Obstetrics and Gynecology
 Cape Obstetrics & Gynecology
 Falmouth Hospital Medical
 Office Building
 90 Ter Heun Drive
 Falmouth, MA 02540
 508-457-0088

Bourne Health Center
 1 Trowbridge Place
 Bourne, MA 02532
 508-457-0088

- *Medical School:* University of Vermont College of Medicine, Burlington, VT
- *Residency:* St. Francis Hospital and Medical Center, Hartford, CT (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Colleen Feltmate, MD

*Obstetrics and Gynecology
 Specializing in Gynecologic
 Oncology*
 Davenport-Mugar Cancer Center
 Cape Cod Hospital
 27 Park Street
 Hyannis, MA 02601
 508-862-7575

Brigham and Women's Hospital
 OB/GYN
 75 Francis Street
 Boston, MA 02115
 617-732-8843

- *Medical School:* State University of New York, Stony Brook, NY
- *Residency:* Brigham and Women's Hospital, Boston, MA (Obstetrics and Gynecology)
- *Fellowship:* Brigham and Women's Hospital, Boston, MA (Gynecologic Oncology)
- *Certification:* American Board of Obstetrics and Gynecology, Gynecologic Oncology



**Richard Heywood, III, DO,
 FACOG**

Obstetrics and Gynecology
 Falmouth Women's Health
 133 Falmouth Road
 Building 2, Suite A
 Mashpee, MA 02649
 508-681-5081

- *Medical School:* University of New England College of Osteopathic Medicine, Biddeford, ME
- *Residency:* Naval Medical Center, Portsmouth, VA (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



**Lindsay LaCorte, DO, MPH,
 FACOOG**

Obstetrics and Gynecology
 Cape Cod Hospital OB/GYN
 60A Park Street
 Hyannis, MA 0260
 774-552-6050

- *Medical School:* Nova Southeastern College of Osteopathic Medicine, Fort Lauderdale, FL
- *Residency:* Good Samaritan Hospital Medical Center, West Islip, NY (Obstetrics and Gynecology)
- *Certification:* American Osteopathic Board of Obstetrics and Gynecology



Joshua Lupton, DO

Obstetrics and Gynecology
 Cape Cod Hospital OB/GYN
 60A Park Street
 Hyannis, MA 0260
 774-552-6050

- *Medical School:* University of New England College of Osteopathic Medicine, Biddeford, ME
- *Residency:* Henry Ford Wyandotte Hospital, Wyandotte, MI (Obstetrics and Gynecology)



Elizabeth Murray, MD

Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Falmouth Hospital Medical Office
Building
90 Ter Heun Drive
Falmouth, MA 0254
508-457-0088

Stoneman Outpatient Center
2 Jan Sebastian Drive
Sandwich, MA 0256
508-457-0088

- *Medical School:* Georgetown University School of Medicine, Washington, DC
- *Residency:* Duke University Medical Center, Durham, NC (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Elizabeth Speed, MD

Obstetrics and Gynecology

Falmouth Women’s Health
133 Falmouth Road
Building 2, Suite A
Mashpee, MA 02649
508-681-5081

- *Medical School:* University of Massachusetts Medical School, Worcester, MA
- *Residency:* Albert Einstein College of Medicine at Montefiore, Bronx, NY (Obstetrics and Gynecology)
- *Certification:* American Board of Obstetrics and Gynecology



Holly Zheng, MD

Obstetrics and Gynecology

Cape Obstetrics & Gynecology
Falmouth Hospital Medical
Office Building
90 Ter Heun Drive
Falmouth, MA 02540
508-457-0088

- *Medical School:* The Pennsylvania State University College of Medicine, Hershey, PA
- *Residency:* Temple University Hospital, Philadelphia, PA (Obstetrics and Gynecology)

Plastic and Reconstructive Surgery

The decision to have cosmetic or reconstructive surgery is a very personal one. Our board-certified plastic surgeons and a team of skilled professionals have extensive training and experience in this specialty, and are backed by the full resources of Cape Cod Healthcare, including:

- Advanced surgery and recovery suites
- Anesthesiology administered by physicians and certified nurses
- A team of clinical specialists dedicated to a patient’s care
- Private hospital rooms with restful views, room service and in-room sleeping areas for family

Reconstructive Surgery for Breast Cancer

Our specialists have extensive experience performing breast reconstruction and other reconstructive procedures following breast cancer surgery, and collaborate closely with our breast surgeons to achieve a patient's desired outcome. Surgical techniques include:

- Implant-based reconstruction
- Tissue-based reconstruction
- Nipple reconstruction
- Procedures to achieve breast symmetry due to breast cancer surgery or radiation

Other Types of Reconstructive Surgery

Reconstructive surgery is also used to correct birth defects or developmental abnormalities and to repair form and function after accidents, burns, wounds, infection or disease. The latest in plastic surgery advances mean minimal scarring at the surgical site. Plastic surgery is also one of the specialties that completes hand surgery.

Surgery for Skin Cancer

We work with patients with skin cancer to remove the cancerous cells and restore appearance with surgical skin cancer treatment. This includes collaboration with specialists who perform Mohs micrographic surgery, an advanced approach to removing skin cancer that minimizes soft tissue defect and allows for future reconstruction.

Cosmetic and Aesthetic Surgery

Our expertise encompasses elective procedures such as:

- Breast enlargement and reduction
- Body contouring (often following significant weight loss or bariatric surgery)
- Tummy tucks
- Liposuction
- Face lifts and injections
- Brow lifts
- Nose reshaping

When possible, cosmetic procedures are done using minimally invasive techniques, resulting in smaller incisions, less pain and a faster recovery.

Hand Surgery

The hand is a complex network of muscles and tendons that need specialized care. Minimally invasive endoscopic techniques are used instead of traditional surgery for many hand surgeries, such as surgery for carpal tunnel syndrome.

Please contact practices directly for specific services and treatments offered and insurances accepted. For more information, please see capecodhealth.org/plastic-surgery.

Practices – Plastic Reconstructive Surgery

Upper Cape and Plymouth: Falmouth

Cape and Islands Plastic Surgery

33B Edgerton Drive
North Falmouth, MA 02556
508-771-8967

Physicians: Seth Jones, MD; Michael Loffredo, MD

Upper Cape and Plymouth: Sandwich

Cape and Islands Plastic Surgery

68A Route 6A
Sandwich, MA 02563
508-771-8967

Physicians: Seth Jones, MD; Michael Loffredo, MD

Upper Cape and Plymouth: Mashpee

Cape Cod Healthcare Plastic Surgery

Cape Cod Surgery Center
160 Falmouth Road, Suite B
Mashpee, MA 02649
508-539-6220

Physicians.capecodhealth.org

Providers: Theodore Calianos, II, MD, FACS;
Julian D'Achille, MD, MPH; Alissa DeVito, NP

Upper Cape and Plymouth: Plymouth

Cape and Islands Plastic Surgery

110 Long Pond Road, Suite 201
Plymouth, MA 02360
508-747-1322
capeplasticsurgery.com

Physicians: Seth Jones, MD; Michael Loffredo, MD

Mid-Cape: Hyannis

Cape and Islands Plastic Surgery

26 Gleason Street
Hyannis, MA 02601
508-771-8967
capeplasticsurgery.com

Providers: Seth Jones, MD; Michael Loffredo, MD;
Malia McCoy, PA

Cape Cod Plastic Surgery

51 Main Street
Hyannis, MA 02601
508-771-0290
ccplasticsurgery.com

Physician: Marc Fater, MD

Greater Boston Plastic Surgery

140 Yarmouth Road
Hyannis, MA 02601
508-340-0070
greaterbostonplasticsurgery.com

Physician: Mostafa Noury, Jr, MD

Mid-Cape: Yarmouth

Cape Cod Plastic and Hand Surgeons

150 Ansel Hallet Road
West Yarmouth, MA 02673
508-771-4263
Physicians.capecodhealth.org

Physician: Peter Bentivegna, MD, FACS

Mid-Cape: Dennis

Joyce McIntyre, MD
76 Airline Drive
South Dennis, MA 02660
508-334-5933
umassmemorial.org

Physicians – Plastic and Reconstructive Surgery

For additional information including clinical interests, see capecodhealth.org/physicians.



Peter Bentivegna, MD, FACS

*Plastic Surgery
Hand Surgery*

Cape Cod Plastic and
Hand Surgeons
150 Ansel Hallet Road
West Yarmouth, MA 02673
508-771-4263

- *Medical School:* New York Medical College, Valhalla, NY
- *Residencies:* Nassau county Medical Center (Plastic Surgery)
Hartford Hospital (General Surgery)
- *Fellowships:* University of Utah, Salt Lake City, UT (Hand & Microsurgery)
Nassau County Medical Center (Burns)
- *Certification:* American Board of Plastic Surgery



Theodore Calianos, II, MD, FACS

*Plastic Surgery
Hand Surgery*

Cape Cod Healthcare
Plastic Surgery
Cape Cod Surgery Center
160 Falmouth Road, Suite B
Mashpee, MA 02649
508-539-6220

- *Medical School:* University of Texas Medical Branch, Galveston, TX
- *Residencies:* University of Texas Medical Branch, Galveston, TX (Plastic Surgery)
University of Massachusetts Medical Center, Worcester, MA (General Surgery)
- *Fellowship:* Rush Presbyterian St. Luke's Medical Center, Chicago, IL (Hand Surgery)
- *Certification:* American Board of Plastic Surgery



Julian D'Achille, MD, MPH

*Plastic Surgery
Hand Surgery*

Cape Cod Healthcare
Plastic Surgery
Cape Cod Surgery Center
160 Falmouth Road, Suite B
Mashpee, MA 02649
508-539-6220

- *Medical School:* Northwestern University Feinberg School of Medicine, Chicago, IL
- *Residencies:* Tufts Medical Center, Boston, MA (General Surgery)
Louisiana State University Health Science Center, New Orleans, LA (Plastic Surgery)
- *Fellowship:* University of Massachusetts Memorial Medical Center, Worcester, MA (Hand and Upper Extremity Surgery)
- *Certification:* American Board of Surgery



Marc Fater, MD

*Plastic Surgery
Hand Surgery*

Cape Cod Plastic Surgery
51 Main Street
Hyannis, MA 02601
508-771-0290

- *Medical School:* Temple University School of Medicine, Philadelphia, PA
- *Residency:* Albert Einstein Medical Center, Philadelphia, PA (Surgery)
- *Fellowship:* Baylor College of Medicine, Houston, TX (Plastic and Reconstructive Surgery)
- *Certifications:* American Board of Plastic Surgery, American Board of Surgery



Seth Jones, MD

*Plastic Surgery
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