

How can you prepare for surgery?



One way to learn more about your surgery is to ask your doctor and care team questions.

Here are some questions you might ask:

- What medical and surgical options are available for me?
- Which is best for my situation?
- What are the differences between open, laparoscopic, and robotic-assisted surgery?
- Should I get a second opinion?
- What am I likely to experience after surgery?
- If I decide to have surgery, how can I prepare for it?
- How long before I can return to my normal routine?
- What is your surgical training and experience? What is your experience with robotic-assisted surgery?
- What are your patient outcomes?

What is prostate cancer?

The prostate gland, located at the base of the penis and below the bladder, is about the size of a walnut. Cancer tumors can develop within the prostate gland. Depending on your age, overall health, cancer stage and personal preferences, your doctor may recommend³:

- Watchful waiting or active surveillance
- Cryotherapy
- Chemotherapy
- Radiation therapy
- Hormone therapy
- Immunotherapy
- Surgery

You and your surgeon may determine surgery, called a radical prostatectomy, is necessary. During a radical prostatectomy, your surgeon will remove your entire prostate gland and, possibly, some surrounding tissue and lymph nodes.

If you are a candidate for surgery, your surgeon may recommend:

Robotic-assisted surgery with da Vinci*

Laparoscopic surgery

Open surgery

References

1. Key Statistics for Prostate Cancer. American Cancer Society. Web. 12 November 2019 <https://www.cancer.org/cancer/prostate-cancer/about/key-statistics.html>
2. Can Prostate Cancer Be Found Early? American Cancer Society. Web. 12 November 2019. <https://www.cancer.org/cancer/prostate-cancer/detection-diagnosis-staging/detection.html>
3. Treating Prostate Cancer. American Cancer Society. Web. 12 November 2019 <https://www.cancer.org/cancer/prostate-cancer/treating.html>

Surgical Risks

Risks associated with radical prostatectomy include: leaking of urine, urgent need to urinate, cannot get or keep an erection, rectal or bowel injury, narrowing of the urethra, pooling of lymph fluid in the pelvic area or legs.

Important Safety Information

Patients should talk to their doctors to decide if da Vinci Surgery is right for them. Patients and doctors should review all available information on nonsurgical and surgical options and associated risks in order to make an informed decision.

Serious complications may occur in any surgery, including da Vinci* Surgery, up to and including death. Serious risks include, but are not

limited to, injury to tissues and organs and conversion to other surgical techniques, which could result in a longer operative time and/or increased complications. For important safety information, including surgical risks, indications, and considerations and contraindications for use, please refer to www.intuitive.com/safety.

Individuals' outcomes may depend on a number of factors, including but not limited to patient characteristics, disease characteristics and/or surgeon experience.

© 2019 Intuitive Surgical, Inc. All rights reserved. Product and brand names/logos are trademarks or registered trademarks of Intuitive Surgical or their respective owner. See www.intuitive.com/trademarks.

PN1059847 RevA 11/2019



Take care of what's important

Understand if prostate surgery is an option for you

When it's time to take care of what's important

If you've been told you have prostate cancer, know that there are more than 3.1 million men living in the U.S. who have been diagnosed with the disease.¹

Even without symptoms, prostate cancer can be found with screening, such as testing the amount of prostate-specific antigen (PSA) in your blood or a digital rectal exam (DRE) to feel the prostate gland.²

Whether you are experiencing uncomfortable symptoms or are symptom-free, you and your doctor may decide surgery to remove your prostate gland (radical prostatectomy) is right for you. In addition to surgery, your doctor may suggest other ways to address your cancer.



What will my surgeon do?



If you and your doctor decide that robotic-assisted surgery is right for you, here is what may happen.

Actual incision size

During robotic-assisted surgery with da Vinci, your surgeon makes a few small incisions or a single small incision, then uses a 3DHD camera for a crystal-clear, magnified view of your prostate gland and surrounding tissue.



Your surgeon sits at a console next to you and operates through the incision(s) using tiny instruments and the camera.



The da Vinci system translates every hand movement your surgeon makes in real time, bending and rotating the instruments so he or she can remove your prostate gland and, possibly, some surrounding tissue and nearby lymph nodes.

What is the da Vinci Surgical System?

It is a system with three parts:

Surgeon console

is the control center where your surgeon sits to perform the operation.

Patient cart

holds the camera and surgical instruments your surgeon controls from the console.

Vision cart

manages the communication between all the system components and provides a screen for the care team to view the operation.

What are the outcomes?

Be sure to talk with your surgeon about the surgical outcomes he or she delivers by using the da Vinci system, as every surgeon's experience is different. For example, ask about:

- Length of hospital stay
- Urinary continence after surgery
- Complication rate
- Operative time
- Return to erectile function

To find out more about outcomes of surgery with da Vinci, as published in clinical studies, please visit: <https://www.davincisurgery.com/procedures/urology-surgery/prostatectomy>



Get back to what matters most.

