

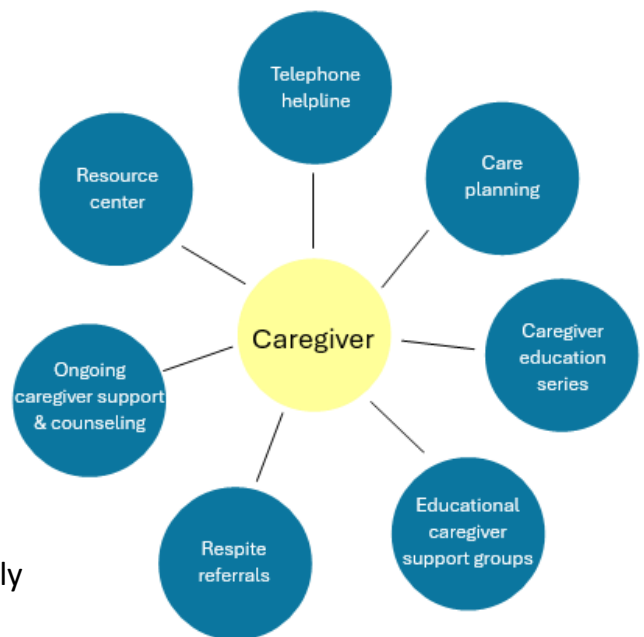
# Dementia & Alzheimer's Caregiver Support

## Caring for a loved one with dementia?

Caring for someone who has Alzheimer's disease or a related dementia can be a difficult physical, emotional, and mental challenge. The Cape Cod Healthcare Dementia & Alzheimer's Caregiver Support program provides information, education and support to caregivers managing the complex needs of those living with a dementia.

The CCHC Dementia & Alzheimer's Support Program places the caregiver at the center of our care model surrounding them with a wide range of programs and services.

We are a care management program helping caregivers to understand and manage the many challenges that come with caring for a loved one with dementia.



### Our services are free and include:

- An initial assessment with the caregiver/other family members for counseling and disease education
- Development of care management plans for caregivers
- Ongoing family support & counseling sessions for caregivers
- Caregiver telephone helpline
- Family education series
- Support groups
- Referrals to community resources

### Contact us for an individual or family consultation

Cape Cod Healthcare Dementia & Alzheimer's Caregiver Support  
1019 Iyannough Rd, Hyannis, MA 02601

774-552-6080 | [dementiainfo@capecodhealth.org](mailto:dementiainfo@capecodhealth.org) | [www.capecodhealth.org/dementia-support](http://www.capecodhealth.org/dementia-support)



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